

2024 Palomar League Championships - 5/4/2024

Mt Carmel High School

School Entries - All Events

Del Norte (DNHS)

1.	Abola, Sophia - Female - Year: 12 - Ind/Rel: 1 / 0 #24 Girls Pole Vault Varsity	9-06.00	1/6	5/4/2024
2.	Agnihotri, Neel - Male - Year: 12 - Ind/Rel: 1 / 1 #12 Boys 100 Meter Dash Varsity	11.19	2/6	5/4/2024
	#4 Boys 400 Meter Relay Varsity (4)	43.10	1/4	5/4/2024
3.	Akinpelu, Peter - Male - Year: 12 - Ind/Rel: 1 / 1 #14 Boys 800 Meter Run Varsity	1:59.35	1/3	5/4/2024
	#2 Boys 3200 Meter Relay Varsity (1)	8:07.71	1/6	5/4/2024
4.	Akinpelu, Victoria - Female - Year: 11 - Ind/Rel: 1 / 0 #25 Girls Long Jump Varsity	15-02.50	1/9	5/4/2024
5.	Aparri, Evan - Male - Year: 12 - Ind/Rel: 2 / 0 #6 Boys 1600 Meter Run Varsity	4:40.92	1/17	5/4/2024
	#14 Boys 800 Meter Run Varsity	2:05.28	1/20	5/4/2024
6.	Bandaru, Aditi - Female - Year: 11 - Ind/Rel: 1 / 0 #26 Girls Triple Jump Varsity	28-06.00		5/4/2024
7.	Blackburn, Ashlyn - Female - Year: 10 - Ind/Rel: 3 / 0 #7 Girls 100 Meter Hurdles Varsity	17.87	2/6	5/4/2024
	#15 Girls 300 Meter Hurdles Varsity	49.05	2/8	5/4/2024
	#23 Girls High Jump Varsity	4-10.00	1/13	5/4/2024
8.	Bowers, Charlie - Male - Year: 11 - Ind/Rel: 2 / 0 #33 Boys Shot Put Varsity	39-08.00	1/6	5/4/2024
	#34 Boys Discus Throw Varsity	120-06	1/8	5/4/2024
9.	Bradshaw, Courtland - Male - Year: 9 - Ind/Rel: 1 / 0 #30 Boys Pole Vault Varsity	13-06.00	2/3	5/4/2024
10.	Butler, Finn - Male - Year: 10 - Ind/Rel: 1 / 1 #14 Boys 800 Meter Run Varsity	1:59.44	1/4	5/4/2024
	#2 Boys 3200 Meter Relay Varsity (3)	8:07.71	1/6	5/4/2024
11.	Chang, Sean - Male - Year: 11 - Ind/Rel: 2 / 0 #6 Boys 1600 Meter Run Varsity	4:35.25	1/10	5/4/2024
	#20 Boys 3200 Meter Run Varsity	10:17.09	1/15	5/4/2024
12.	Connelly, Graziela - Female - Year: 9 - Ind/Rel: 1 / 0 #5 Girls 1600 Meter Run Varsity	5:41.34	1/22	5/4/2024
13.	Conrad, Bluerain - Male - Year: 12 - Ind/Rel: 1 / 0 #10 Boys 400 Meter Run Varsity	54.54	1/3	5/4/2024
14.	Czyszczonek, Izabella - Female - Year: 9 - Ind/Rel: 2 / 0 #7 Girls 100 Meter Hurdles Varsity	17.06	3/8	5/4/2024
	#15 Girls 300 Meter Hurdles Varsity	48.03	2/5	5/4/2024
15.	Davis, Quinn - Male - Year: 11 - Ind/Rel: 1 / 0 #20 Boys 3200 Meter Run Varsity	10:04.70	1/10	5/4/2024
16.	Delgado, Aidan - Male - Year: 11 - Ind/Rel: 1 / 0 #14 Boys 800 Meter Run Varsity	2:05.06	1/18	5/4/2024
17.	Delgado, Zoe - Female - Year: 9 - Ind/Rel: 2 / 0 #11 Girls 100 Meter Dash Varsity	12.93	3/1	5/4/2024
	#17 Girls 200 Meter Dash Varsity	27.27	2/8	5/4/2024
18.	Echsner, Ella - Female - Year: 12 - Ind/Rel: 1 / 1 #13 Girls 800 Meter Run Varsity	2:15.34	1/3	5/4/2024
	#21 Girls 1600 Meter Relay Varsity (2)	4:01.14	1/6	5/4/2024

2024 Palomar League Championships - 5/4/2024

Mt Carmel High School

School Entries - All Events

Del Norte (DNHS)

19.	Echsner, Nicholas - Male - Year: 9 - Ind/Rel: 2 / 0			
	#6 Boys 1600 Meter Run Varsity	4:41.74	1/19	5/4/2024
	#20 Boys 3200 Meter Run Varsity	10:19.21	1/18	5/4/2024
20.	Echsner, Paige - Female - Year: 11 - Ind/Rel: 2 / 1			
	#13 Girls 800 Meter Run Varsity	2:15.71	1/4	5/4/2024
	#24 Girls Pole Vault Varsity	12-10.00	2/12	5/4/2024
	#21 Girls 1600 Meter Relay Varsity (3)	4:01.14	1/6	5/4/2024
21.	Edelstein, Nicole - Female - Year: 12 - Ind/Rel: 2 / 1			
	#11 Girls 100 Meter Dash Varsity	13.19	2/8	5/4/2024
	#17 Girls 200 Meter Dash Varsity	27.73	2/1	5/4/2024
	#3 Girls 400 Meter Relay Varsity (1)	49.18	1/6	5/4/2024
22.	Ellis, Taylor - Female - Year: 12 - Ind/Rel: 2 / 0			
	#27 Girls Shot Put Varsity	27-04.00	1/3	5/4/2024
	#28 Girls Discus Throw Varsity	76-08	1/1	5/4/2024
23.	Enyedi, Lilah - Female - Year: 10 - Ind/Rel: 2 / 1			
	#5 Girls 1600 Meter Run Varsity	5:09.85	1/7	5/4/2024
	#19 Girls 3200 Meter Run Varsity	11:13.79	1/4	5/4/2024
	#1 Girls 3200 Meter Relay Varsity (4)	9:15.56	1/5	5/4/2024
24.	Fonseca, Naja - Female - Year: 11 - Ind/Rel: 3 / 0			
	#7 Girls 100 Meter Hurdles Varsity	17.89	2/4	5/4/2024
	#25 Girls Long Jump Varsity	16-10.00	2/6	5/4/2024
	#26 Girls Triple Jump Varsity	34-01.75	2/6	5/4/2024
25.	Guerra, Alex - Male - Year: 11 - Ind/Rel: 2 / 0			
	#8 Boys 110 Meter Hurdles Varsity	18.21	1/3	5/4/2024
	#16 Boys 300 Meter Hurdles Varsity	43.66	1/1	5/4/2024
26.	Gupta, Aadit - Male - Year: 12 - Ind/Rel: 2 / 0			
	#31 Boys Long Jump Varsity	20-07.50	2/8	5/4/2024
	#32 Boys Triple Jump Varsity	40-03.00	2/2	5/4/2024
27.	Guzman, Christopher - Male - Year: 12 - Ind/Rel: 1 / 0			
	#32 Boys Triple Jump Varsity	36-07.50	1/1	5/4/2024
28.	Gyamfi, Joseph - Male - Year: 12 - Ind/Rel: 2 / 0			
	#8 Boys 110 Meter Hurdles Varsity	15.22	3/8	5/4/2024
	#16 Boys 300 Meter Hurdles Varsity	42.05	2/8	5/4/2024
29.	Harpster, Savannah - Female - Year: 9 - Ind/Rel: 2 / 0			
	#7 Girls 100 Meter Hurdles Varsity	18.01	2/3	5/4/2024
	#15 Girls 300 Meter Hurdles Varsity	48.61	2/7	5/4/2024
30.	Harpster, Tristan - Male - Year: 11 - Ind/Rel: 1 / 1			
	#14 Boys 800 Meter Run Varsity	2:02.83	1/11	5/4/2024
	#2 Boys 3200 Meter Relay Varsity (2)	8:07.71	1/6	5/4/2024
31.	Hastings, Patrick - Male - Year: 11 - Ind/Rel: 1 / 0			
	#29 Boys High Jump Varsity	5-06.00	1/6	5/4/2024
32.	Heintz, Oliver - Male - Year: 12 - Ind/Rel: 3 / 0			
	#10 Boys 400 Meter Run Varsity	55.42	1/1	5/4/2024
	#12 Boys 100 Meter Dash Varsity	11.26	2/4	5/4/2024
	#18 Boys 200 Meter Dash Varsity	22.91	2/6	5/4/2024
33.	Hernandez, Marcus - Male - Year: 11 - Ind/Rel: 1 / 0			
	#33 Boys Shot Put Varsity	39-02.00	1/2	5/4/2024
34.	Hightower, Nolan - Male - Year: 9 - Ind/Rel: 1 / 0			
	#20 Boys 3200 Meter Run Varsity	10:26.07	1/23	5/4/2024

2024 Palomar League Championships - 5/4/2024
Mt Carmel High School

School Entries - All Events

Del Norte (DNHS)

35.	Ho, Yvonne - Female - Year: 10 - Ind/Rel: 2 / 0			
	#7 Girls 100 Meter Hurdles Varsity	18.45	1/4	5/4/2024
	#23 Girls High Jump Varsity	4-06.00	1/4	5/4/2024
36.	Holmes, Lauren - Female - Year: 9 - Ind/Rel: 2 / 1			
	#11 Girls 100 Meter Dash Varsity	12.96	2/5	5/4/2024
	#17 Girls 200 Meter Dash Varsity	26.80	2/6	5/4/2024
	#3 Girls 400 Meter Relay Varsity (4)	49.18	1/6	5/4/2024
37.	Hong, Eliza - Female - Year: 9 - Ind/Rel: 2 / 0			
	#5 Girls 1600 Meter Run Varsity	5:08.37	1/6	5/4/2024
	#19 Girls 3200 Meter Run Varsity	10:49.26	1/1	5/4/2024
38.	Jin, Luke - Male - Year: 11 - Ind/Rel: 2 / 0			
	#6 Boys 1600 Meter Run Varsity	4:26.04	1/2	5/4/2024
	#20 Boys 3200 Meter Run Varsity	9:45.33	1/4	5/4/2024
39.	Joo, Ella - Female - Year: 10 - Ind/Rel: 2 / 1			
	#9 Girls 400 Meter Run Varsity	1:00.53	2/7	5/4/2024
	#17 Girls 200 Meter Dash Varsity	26.47	3/9	5/4/2024
	#21 Girls 1600 Meter Relay Varsity (4)	4:01.14	1/6	5/4/2024
40.	Jurgens, Chase - Male - Year: 10 - Ind/Rel: 2 / 1			
	#10 Boys 400 Meter Run Varsity	51.04	2/7	5/4/2024
	#18 Boys 200 Meter Dash Varsity	22.75	3/1	5/4/2024
	#22 Boys 1600 Meter Relay Varsity (4)	3:24.00	1/6	5/4/2024
41.	Kaimer, Aden - Male - Year: 11 - Ind/Rel: 1 / 1			
	#10 Boys 400 Meter Run Varsity	52.06	2/2	5/4/2024
	#22 Boys 1600 Meter Relay Varsity (1)	3:24.00	1/6	5/4/2024
42.	Kaiser, Nicole - Female - Year: 11 - Ind/Rel: 1 / 0			
	#24 Girls Pole Vault Varsity	10-03.00	2/4	5/4/2024
43.	Khieu, Caitlin - Female - Year: 10 - Ind/Rel: 1 / 0			
	#24 Girls Pole Vault Varsity	11-06.00	2/7	5/4/2024
44.	Kumar, Alex - Male - Year: 12 - Ind/Rel: 2 / 0			
	#29 Boys High Jump Varsity	5-10.00	1/13	5/4/2024
	#31 Boys Long Jump Varsity	20-00.00	2/1	5/4/2024
45.	Kyle, Tristan - Male - Year: 11 - Ind/Rel: 3 / 0			
	#8 Boys 110 Meter Hurdles Varsity	16.40	2/5	5/4/2024
	#16 Boys 300 Meter Hurdles Varsity	43.06	1/3	5/4/2024
	#32 Boys Triple Jump Varsity	41-11.25	2/6	5/4/2024
46.	Lagiseti, Samhita - Female - Year: 10 - Ind/Rel: 1 / 1			
	#13 Girls 800 Meter Run Varsity	2:19.96	1/7	5/4/2024
	#1 Girls 3200 Meter Relay Varsity (2)	9:15.56	1/5	5/4/2024
47.	Lapastora, Marcelino - Male - Year: 9 - Ind/Rel: 2 / 0			
	#6 Boys 1600 Meter Run Varsity	4:42.51	1/21	5/4/2024
	#20 Boys 3200 Meter Run Varsity	10:28.93	1/24	5/4/2024
48.	Lappin, Cooper - Male - Year: 12 - Ind/Rel: 1 / 0			
	#10 Boys 400 Meter Run Varsity	54.41	1/7	5/4/2024
49.	Leigh, Peyton - Male - Year: 11 - Ind/Rel: 1 / 0			
	#30 Boys Pole Vault Varsity	12-06.00	1/9	5/4/2024
50.	Levy, Jordan - Male - Year: 12 - Ind/Rel: 1 / 0			
	#20 Boys 3200 Meter Run Varsity	10:17.67	1/16	5/4/2024

2024 Palomar League Championships - 5/4/2024
Mt Carmel High School

School Entries - All Events

Del Norte (DNHS)

51. Loret, Abbi - Female - Year: 12 - Ind/Rel: 2 / 0			
#25 Girls Long Jump Varsity	16-09.00	2/4	5/4/2024
#26 Girls Triple Jump Varsity	33-09.00	2/5	5/4/2024
52. Maciejewski, Kellen - Male - Year: 12 - Ind/Rel: 2 / 0			
#33 Boys Shot Put Varsity	49-10.50	2/12	5/4/2024
#34 Boys Discus Throw Varsity	155-11	2/9	5/4/2024
53. Manson, Jackson - Male - Year: 10 - Ind/Rel: 1 / 0			
#34 Boys Discus Throw Varsity	120-05	1/7	5/4/2024
54. McKinney, Carsen - Female - Year: 12 - Ind/Rel: 2 / 0			
#27 Girls Shot Put Varsity	32-11.00	2/9	5/4/2024
#28 Girls Discus Throw Varsity	115-03	2/9	5/4/2024
55. Naigan, Melia - Female - Year: 10 - Ind/Rel: 1 / 0			
#23 Girls High Jump Varsity	4-10.00	1/12	5/4/2024
56. Neer, Amelia - Female - Year: 12 - Ind/Rel: 2 / 0			
#27 Girls Shot Put Varsity	29-04.50	1/6	5/4/2024
#28 Girls Discus Throw Varsity	88-03	2/1	5/4/2024
57. Ojeda, Brennan - Male - Year: 9 - Ind/Rel: 1 / 0			
#30 Boys Pole Vault Varsity	12-00.00	1/4	5/4/2024
58. Olsen, Ty - Male - Year: 11 - Ind/Rel: 2 / 2			
#12 Boys 100 Meter Dash Varsity	11.12	3/2	5/4/2024
#18 Boys 200 Meter Dash Varsity	22.48	3/3	5/4/2024
#4 Boys 400 Meter Relay Varsity (2)	43.10	1/4	5/4/2024
#22 Boys 1600 Meter Relay Varsity (2)	3:24.00	1/6	5/4/2024
59. Owsley, Ben - Male - Year: 10 - Ind/Rel: 2 / 0			
#6 Boys 1600 Meter Run Varsity	4:36.51	1/11	5/4/2024
#14 Boys 800 Meter Run Varsity	2:05.15	1/19	5/4/2024
60. Phillips, Dean - Male - Year: 12 - Ind/Rel: 2 / 0			
#8 Boys 110 Meter Hurdles Varsity	15.25	3/2	5/4/2024
#16 Boys 300 Meter Hurdles Varsity	42.15	2/9	5/4/2024
61. Prasouvo, Anna - Female - Year: 12 - Ind/Rel: 2 / 2			
#9 Girls 400 Meter Run Varsity	1:01.10	2/8	5/4/2024
#17 Girls 200 Meter Dash Varsity	26.78	3/1	5/4/2024
#3 Girls 400 Meter Relay Varsity (3)	49.18	1/6	5/4/2024
#21 Girls 1600 Meter Relay Varsity (1)	4:01.14	1/6	5/4/2024
62. Rebugio, Kaylee - Female - Year: 11 - Ind/Rel: 2 / 1			
#11 Girls 100 Meter Dash Varsity	12.46	3/7	5/4/2024
#17 Girls 200 Meter Dash Varsity	26.29	3/8	5/4/2024
#3 Girls 400 Meter Relay Varsity (2)	49.18	1/6	5/4/2024
63. Recaido, Keira - Female - Year: 11 - Ind/Rel: 1 / 0			
#24 Girls Pole Vault Varsity	10-00.00	1/10	5/4/2024
64. Remigio, Ryan - Male - Year: 11 - Ind/Rel: 2 / 1			
#12 Boys 100 Meter Dash Varsity	11.26	2/7	5/4/2024
#18 Boys 200 Meter Dash Varsity	22.95	2/4	5/4/2024
#4 Boys 400 Meter Relay Varsity (1)	43.10	1/4	5/4/2024
65. Rigg, Kielan - Male - Year: 11 - Ind/Rel: 1 / 1			
#14 Boys 800 Meter Run Varsity	2:02.90	1/12	5/4/2024
#2 Boys 3200 Meter Relay Varsity (4)	8:07.71	1/6	5/4/2024

2024 Palomar League Championships - 5/4/2024
Mt Carmel High School

School Entries - All Events

Del Norte (DNHS)

66.	Russo, Emily - Female - Year: 11 - Ind/Rel: 3 / 1			
	#5 Girls 1600 Meter Run Varsity	5:06.02	1/3	5/4/2024
	#13 Girls 800 Meter Run Varsity	2:17.28	1/5	5/4/2024
	#19 Girls 3200 Meter Run Varsity	11:01.28	1/3	5/4/2024
	#1 Girls 3200 Meter Relay Varsity (1)	9:15.56	1/5	5/4/2024
67.	Segovia, Rylen - Male - Year: 10 - Ind/Rel: 1 / 0			
	#30 Boys Pole Vault Varsity	10-06.00		5/4/2024
68.	Shannon, Addison - Female - Year: 10 - Ind/Rel: 3 / 1			
	#5 Girls 1600 Meter Run Varsity	5:04.36	1/2	5/4/2024
	#13 Girls 800 Meter Run Varsity	2:19.10	1/6	5/4/2024
	#19 Girls 3200 Meter Run Varsity	11:47.43	1/10	5/4/2024
	#1 Girls 3200 Meter Relay Varsity (3)	9:15.56	1/5	5/4/2024
69.	Sheffres, Ben - Male - Year: 12 - Ind/Rel: 3 / 0			
	#12 Boys 100 Meter Dash Varsity	11.57	2/8	5/4/2024
	#18 Boys 200 Meter Dash Varsity	23.56	1/6	5/4/2024
	#31 Boys Long Jump Varsity	20-04.00	2/5	5/4/2024
70.	Spurgiesz, Addison - Female - Year: 10 - Ind/Rel: 1 / 0			
	#13 Girls 800 Meter Run Varsity	2:28.18	1/13	5/4/2024
71.	Spurgiesz, Josh - Male - Year: 12 - Ind/Rel: 2 / 1			
	#8 Boys 110 Meter Hurdles Varsity	15.82	3/1	5/4/2024
	#16 Boys 300 Meter Hurdles Varsity	39.16	2/5	5/4/2024
	#22 Boys 1600 Meter Relay Varsity (3)	3:24.00	1/6	5/4/2024
72.	Sun, Leo - Male - Year: 12 - Ind/Rel: 1 / 0			
	#30 Boys Pole Vault Varsity	15-00.00	2/8	5/4/2024
73.	Tang, Sophia - Female - Year: 11 - Ind/Rel: 2 / 0			
	#5 Girls 1600 Meter Run Varsity	5:41.28	1/21	5/4/2024
	#19 Girls 3200 Meter Run Varsity	12:17.45	1/19	5/4/2024
74.	Taylor, Anthony - Male - Year: 11 - Ind/Rel: 2 / 0			
	#31 Boys Long Jump Varsity	18-09.50	1/3	5/4/2024
	#32 Boys Triple Jump Varsity	39-10.50	1/10	5/4/2024
75.	Teeter, Tristan - Male - Year: 11 - Ind/Rel: 1 / 0			
	#12 Boys 100 Meter Dash Varsity	11.48	2/3	5/4/2024
76.	Tejidor, Tristan - Male - Year: 12 - Ind/Rel: 2 / 0			
	#33 Boys Shot Put Varsity	39-01.00	1/1	5/4/2024
	#34 Boys Discus Throw Varsity	120-01	1/6	5/4/2024
77.	Tseng, Chloe - Female - Year: 12 - Ind/Rel: 1 / 0			
	#24 Girls Pole Vault Varsity	12-00.00	2/9	5/4/2024
78.	Utech, Miller - Female - Year: 10 - Ind/Rel: 2 / 0			
	#27 Girls Shot Put Varsity	29-04.00	1/5	5/4/2024
	#28 Girls Discus Throw Varsity	87-06	1/8	5/4/2024
79.	Warren, Jake - Male - Year: 12 - Ind/Rel: 2 / 1			
	#12 Boys 100 Meter Dash Varsity	11.17	3/9	5/4/2024
	#18 Boys 200 Meter Dash Varsity	23.29	2/1	5/4/2024
	#4 Boys 400 Meter Relay Varsity (3)	43.10	1/4	5/4/2024
80.	Yarbrough, Cameron - Male - Year: 10 - Ind/Rel: 1 / 0			
	#6 Boys 1600 Meter Run Varsity	4:31.82	1/7	5/4/2024
1.	Del Norte			
	#1 Girls 3200 Meter Relay Varsity	9:15.56	1/5	5/4/2024

Russo, Emily 11; Lagisetti, Samhita 10; Shannon, Addison 10; Enyedi, Lilah 10

**2024 Palomar League Championships - 5/4/2024
Mt Carmel High School**

School Entries - All Events

Del Norte (DNHS)

2.	Del Norte #2 Boys 3200 Meter Relay Varsity Akinpelu, Peter 12; Harpster, Tristan 11; Butler, Finn 10; Rigg, Kielan 11	8:07.71	1/6	5/4/2024
3.	Del Norte #3 Girls 400 Meter Relay Varsity Edelstein, Nicole 12; Rebugio, Kaylee 11; Prasouvo, Anna 12; Holmes, Lauren 9	49.18	1/6	5/4/2024
4.	Del Norte #4 Boys 400 Meter Relay Varsity Remigio, Ryan 11; Olsen, Ty 11; Warren, Jake 12; Agnihotri, Neel 12	43.10	1/4	5/4/2024
5.	Del Norte #21 Girls 1600 Meter Relay Varsity Prasouvo, Anna 12; Echsner, Ella 12; Echsner, Paige 11; Joo, Ella 10	4:01.14	1/6	5/4/2024
6.	Del Norte #22 Boys 1600 Meter Relay Varsity Kaimer, Aden 11; Olsen, Ty 11; Spurgiesz, Josh 12; Jurgens, Chase 10	3:24.00	1/6	5/4/2024
Del Norte Total Individual Entries: 132 - Total Relays: 6				

2024 Palomar League Championships - 5/4/2024

Mt Carmel High School

School Entries - All Events

Mt Carmel (MTCA)

1. Barrus, Ashlee - Female - Year: 9 - Ind/Rel: 1 / 1			
#9 Girls 400 Meter Run Varsity	1:02.78	2/1	5/4/2024
#21 Girls 1600 Meter Relay Varsity (1)	4:05.92	1/4	5/4/2024
2. Barrus, Bryce - Male - Year: 11 - Ind/Rel: 2 / 2			
#10 Boys 400 Meter Run Varsity	51.34	2/3	5/4/2024
#18 Boys 200 Meter Dash Varsity	22.65	3/9	5/4/2024
#4 Boys 400 Meter Relay Varsity (1)	43.68	1/3	5/4/2024
#22 Boys 1600 Meter Relay Varsity (2)	3:19.13	1/5	5/4/2024
3. Beato, Jun - Male - Year: 12 - Ind/Rel: 1 / 0			
#12 Boys 100 Meter Dash Varsity	11.73	1/6	5/4/2024
4. Bell, Veronica - Female - Year: 10 - Ind/Rel: 2 / 0			
#5 Girls 1600 Meter Run Varsity	5:35.35	1/16	5/4/2024
#19 Girls 3200 Meter Run Varsity	12:07.74	1/16	5/4/2024
5. Boesel, Wyatt - Male - Year: 10 - Ind/Rel: 3 / 0			
#6 Boys 1600 Meter Run Varsity	4:42.10	1/20	5/4/2024
#14 Boys 800 Meter Run Varsity	2:03.04	1/14	5/4/2024
#20 Boys 3200 Meter Run Varsity	10:19.92	1/20	5/4/2024
6. Bustamante, Emma - Female - Year: 12 - Ind/Rel: 1 / 0			
#24 Girls Pole Vault Varsity	10-00.00	1/9	5/4/2024
7. Campos, Olivia - Female - Year: 10 - Ind/Rel: 2 / 0			
#5 Girls 1600 Meter Run Varsity	5:08.01	1/4	5/4/2024
#19 Girls 3200 Meter Run Varsity	11:21.04	1/6	5/4/2024
8. Cassell, Giselle - Female - Year: 12 - Ind/Rel: 1 / 2			
#9 Girls 400 Meter Run Varsity	1:00.35	2/4	5/4/2024
#3 Girls 400 Meter Relay Varsity (2)	49.08	1/5	5/4/2024
#21 Girls 1600 Meter Relay Varsity (4)	4:05.92	1/4	5/4/2024
9. Castro, Mattea - Female - Year: 10 - Ind/Rel: 3 / 0			
#23 Girls High Jump Varsity	4-08.00	1/8	5/4/2024
#25 Girls Long Jump Varsity	16-00.00	2/2	5/4/2024
#26 Girls Triple Jump Varsity	32-02.00	2/1	5/4/2024
10. Caulfield, Harrison - Male - Year: 11 - Ind/Rel: 2 / 2			
#10 Boys 400 Meter Run Varsity	49.69	2/6	5/4/2024
#18 Boys 200 Meter Dash Varsity	22.20	3/4	5/4/2024
#4 Boys 400 Meter Relay Varsity (2)	43.68	1/3	5/4/2024
#22 Boys 1600 Meter Relay Varsity (1)	3:19.13	1/5	5/4/2024
11. Champine, Chase - Male - Year: 10 - Ind/Rel: 2 / 0			
#29 Boys High Jump Varsity	5-04.00	1/3	5/4/2024
#32 Boys Triple Jump Varsity	37-00.00	1/3	5/4/2024
12. Chang, Caleb - Male - Year: 11 - Ind/Rel: 2 / 0			
#6 Boys 1600 Meter Run Varsity	4:46.37	1/23	5/4/2024
#14 Boys 800 Meter Run Varsity	2:07.38	1/21	5/4/2024
13. Coleman, Chloe - Female - Year: 11 - Ind/Rel: 2 / 0			
#7 Girls 100 Meter Hurdles Varsity	17.54	2/5	5/4/2024
#15 Girls 300 Meter Hurdles Varsity	52.01	1/1	5/4/2024
14. Desmond, Issa - Female - Year: 10 - Ind/Rel: 2 / 2			
#11 Girls 100 Meter Dash Varsity	12.82	3/9	5/4/2024
#25 Girls Long Jump Varsity	16-04.00	2/3	5/4/2024
#3 Girls 400 Meter Relay Varsity (1)	49.08	1/5	5/4/2024
#21 Girls 1600 Meter Relay Varsity (3)	4:05.92	1/4	5/4/2024

2024 Palomar League Championships - 5/4/2024

Mt Carmel High School

School Entries - All Events

Mt Carmel (MTCA)

15.	Espinoza, Olivia - Female - Year: 12 - Ind/Rel: 2 / 0			
	#5 Girls 1600 Meter Run Varsity	5:45.30	1/25	5/4/2024
	#13 Girls 800 Meter Run Varsity	2:35.61	1/22	5/4/2024
16.	Everts, Lieke - Female - Year: 11 - Ind/Rel: 2 / 0			
	#5 Girls 1600 Meter Run Varsity	5:36.66	1/17	5/4/2024
	#19 Girls 3200 Meter Run Varsity	12:07.82	1/17	5/4/2024
17.	Favish, Lauren - Female - Year: 10 - Ind/Rel: 1 / 0			
	#26 Girls Triple Jump Varsity	28-10.00		5/4/2024
18.	Fountain, Brogan - Male - Year: 12 - Ind/Rel: 2 / 0			
	#6 Boys 1600 Meter Run Varsity	4:30.60	1/5	5/4/2024
	#14 Boys 800 Meter Run Varsity	2:03.00	1/13	5/4/2024
19.	Fune, Ethan - Male - Year: 10 - Ind/Rel: 2 / 0			
	#31 Boys Long Jump Varsity	18-05.25		5/4/2024
	#32 Boys Triple Jump Varsity	39-04.75	1/7	5/4/2024
20.	Guseman, Leo - Male - Year: 10 - Ind/Rel: 1 / 0			
	#30 Boys Pole Vault Varsity	14-00.00	2/5	5/4/2024
21.	Gwynn, Jordan - Female - Year: 9 - Ind/Rel: 2 / 2			
	#11 Girls 100 Meter Dash Varsity	12.65	3/8	5/4/2024
	#17 Girls 200 Meter Dash Varsity	25.53	3/4	5/4/2024
	#3 Girls 400 Meter Relay Varsity (3)	49.08	1/5	5/4/2024
	#21 Girls 1600 Meter Relay Varsity (2)	4:05.92	1/4	5/4/2024
22.	Hailu, Isaac - Male - Year: 10 - Ind/Rel: 2 / 0			
	#33 Boys Shot Put Varsity	33-10.50		5/4/2024
	#34 Boys Discus Throw Varsity	98-08		5/4/2024
23.	Holland, Elise - Female - Year: 12 - Ind/Rel: 1 / 0			
	#5 Girls 1600 Meter Run Varsity	5:47.84	1/26	5/4/2024
24.	Julien, Jordan - Male - Year: 12 - Ind/Rel: 3 / 0			
	#29 Boys High Jump Varsity	5-06.00	1/8	5/4/2024
	#31 Boys Long Jump Varsity	21-03.00	2/11	5/4/2024
	#32 Boys Triple Jump Varsity	44-00.50	2/8	5/4/2024
25.	Lake, Kassa - Female - Year: 12 - Ind/Rel: 1 / 0			
	#15 Girls 300 Meter Hurdles Varsity	51.50	1/3	5/4/2024
26.	Ngo, Haley - Female - Year: 10 - Ind/Rel: 1 / 0			
	#24 Girls Pole Vault Varsity	10-06.00	2/5	5/4/2024
27.	Olivo, Amaia - Female - Year: 10 - Ind/Rel: 1 / 0			
	#11 Girls 100 Meter Dash Varsity	13.59	1/2	5/4/2024
28.	Penaranda, Ella - Female - Year: 12 - Ind/Rel: 2 / 0			
	#7 Girls 100 Meter Hurdles Varsity	18.58	1/3	5/4/2024
	#15 Girls 300 Meter Hurdles Varsity	53.40		5/4/2024
29.	Perroni, Gigi - Female - Year: 10 - Ind/Rel: 2 / 0			
	#11 Girls 100 Meter Dash Varsity	13.25	2/9	5/4/2024
	#26 Girls Triple Jump Varsity	30-04.00	1/3	5/4/2024
30.	Plonka, Pierce - Male - Year: 11 - Ind/Rel: 2 / 0			
	#8 Boys 110 Meter Hurdles Varsity	17.88	1/5	5/4/2024
	#16 Boys 300 Meter Hurdles Varsity	43.48	1/9	5/4/2024
31.	Robles, Mia - Female - Year: 12 - Ind/Rel: 2 / 0			
	#27 Girls Shot Put Varsity	32-11.00	2/8	5/4/2024
	#28 Girls Discus Throw Varsity	113-04	2/8	5/4/2024

2024 Palomar League Championships - 5/4/2024

Mt Carmel High School

School Entries - All Events

Mt Carmel (MTCA)

32.	Ruskovich, Tianna - Female - Year: 12 - Ind/Rel: 2 / 1			
	#11 Girls 100 Meter Dash Varsity	12.14	3/6	5/4/2024
	#17 Girls 200 Meter Dash Varsity	24.97	3/5	5/4/2024
	#3 Girls 400 Meter Relay Varsity (4)	49.08	1/5	5/4/2024
33.	Samboy, Gavin - Male - Year: 10 - Ind/Rel: 2 / 0			
	#10 Boys 400 Meter Run Varsity	54.62	1/8	5/4/2024
	#18 Boys 200 Meter Dash Varsity	24.16	1/3	5/4/2024
34.	Schroeder, Kai - Male - Year: 10 - Ind/Rel: 1 / 0			
	#16 Boys 300 Meter Hurdles Varsity	46.59		5/4/2024
35.	Schultz, Leila - Female - Year: 10 - Ind/Rel: 1 / 0			
	#24 Girls Pole Vault Varsity	8-06.00		5/4/2024
36.	Seabolt, Jacqueline - Female - Year: 11 - Ind/Rel: 2 / 0			
	#27 Girls Shot Put Varsity	35-10.00	2/11	5/4/2024
	#28 Girls Discus Throw Varsity	116-02	2/10	5/4/2024
37.	Shivakumar, Eshan - Male - Year: 10 - Ind/Rel: 2 / 0			
	#6 Boys 1600 Meter Run Varsity	4:46.12	1/22	5/4/2024
	#14 Boys 800 Meter Run Varsity	2:07.92	1/22	5/4/2024
38.	Slaughter, David - Male - Year: 11 - Ind/Rel: 2 / 2			
	#10 Boys 400 Meter Run Varsity	47.91	2/5	5/4/2024
	#18 Boys 200 Meter Dash Varsity	21.72	3/5	5/4/2024
	#4 Boys 400 Meter Relay Varsity (4)	43.68	1/3	5/4/2024
	#22 Boys 1600 Meter Relay Varsity (4)	3:19.13	1/5	5/4/2024
39.	Tucker, Jack - Male - Year: 12 - Ind/Rel: 1 / 2			
	#14 Boys 800 Meter Run Varsity	2:04.04	1/17	5/4/2024
	#4 Boys 400 Meter Relay Varsity (3)	43.68	1/3	5/4/2024
	#22 Boys 1600 Meter Relay Varsity (3)	3:19.13	1/5	5/4/2024
40.	Vargas, Aidan - Male - Year: 12 - Ind/Rel: 2 / 0			
	#8 Boys 110 Meter Hurdles Varsity	15.17	3/3	5/4/2024
	#16 Boys 300 Meter Hurdles Varsity	41.97	2/3	5/4/2024
41.	Weiss, Caylin - Female - Year: 9 - Ind/Rel: 1 / 0			
	#9 Girls 400 Meter Run Varsity	1:03.91	1/3	5/4/2024
42.	Welch, Amy - Female - Year: 12 - Ind/Rel: 2 / 0			
	#27 Girls Shot Put Varsity	29-06.00	1/7	5/4/2024
	#28 Girls Discus Throw Varsity	88-10	2/2	5/4/2024
43.	Wong, Meredith - Female - Year: 12 - Ind/Rel: 1 / 0			
	#24 Girls Pole Vault Varsity	9-00.00	1/3	5/4/2024
44.	Young, Shaun - Male - Year: 11 - Ind/Rel: 3 / 0			
	#29 Boys High Jump Varsity	5-07.00	1/10	5/4/2024
	#31 Boys Long Jump Varsity	20-09.25	2/9	5/4/2024
	#32 Boys Triple Jump Varsity	43-01.75	2/7	5/4/2024
45.	Yuhas, Jacob - Male - Year: 12 - Ind/Rel: 1 / 0			
	#33 Boys Shot Put Varsity	39-05.00	1/4	5/4/2024
1.	Mt Carmel			
	#3 Girls 400 Meter Relay Varsity	49.08	1/5	5/4/2024
	Desmond, Issa 10; Cassell, Giselle 12; Gwynn, Jordan 9; Ruskovich, Tianna 12			
2.	Mt Carmel			
	#4 Boys 400 Meter Relay Varsity	43.68	1/3	5/4/2024
	Barrus, Bryce 11; Caulfield, Harrison 11; Tucker, Jack 12; Slaughter, David 11			

**2024 Palomar League Championships - 5/4/2024
Mt Carmel High School**

School Entries - All Events

Mt Carmel (MTCA)

- | | | | | |
|----|--|---------|-----|----------|
| 3. | Mt Carmel
#21 Girls 1600 Meter Relay Varsity
Barrus, Ashlee 9; Gwynn, Jordan 9; Desmond, Issa 10; Cassell, Giselle 12 | 4:05.92 | 1/4 | 5/4/2024 |
| 4. | Mt Carmel
#22 Boys 1600 Meter Relay Varsity
Caulfield, Harrison 11; Barrus, Bryce 11; Tucker, Jack 12; Slaughter, David 11 | 3:19.13 | 1/5 | 5/4/2024 |
- Mt Carmel Total Individual Entries: 78 - Total Relays: 4**

2024 Palomar League Championships - 5/4/2024

Mt Carmel High School

School Entries - All Events

Poway (POWA)

1. Alsop, Tyler - Male - Year: 12 - Ind/Rel: 1 / 1			
#12 Boys 100 Meter Dash Varsity	11.79	1/8	5/4/2024
#4 Boys 400 Meter Relay Varsity (3)	43.51	1/7	5/4/2024
2. Amiraslani, Bella - Female - Year: 12 - Ind/Rel: 2 / 0			
#27 Girls Shot Put Varsity	30-08.00	2/4	5/4/2024
#28 Girls Discus Throw Varsity	87-09	1/9	5/4/2024
3. Andruss, Miles - Male - Year: 11 - Ind/Rel: 2 / 0			
#8 Boys 110 Meter Hurdles Varsity	16.85	2/8	5/4/2024
#16 Boys 300 Meter Hurdles Varsity	43.12	1/8	5/4/2024
4. Barsana, Chloe - Female - Year: 12 - Ind/Rel: 1 / 0			
#15 Girls 300 Meter Hurdles Varsity	48.64	2/3	5/4/2024
5. Beireis, Beckett - Male - Year: 12 - Ind/Rel: 1 / 0			
#30 Boys Pole Vault Varsity	14-00.00	2/4	5/4/2024
6. Benson, Juelle - Male - Year: 11 - Ind/Rel: 1 / 0			
#30 Boys Pole Vault Varsity	13-01.00	2/1	5/4/2024
7. Buswell, Tessa - Female - Year: 12 - Ind/Rel: 2 / 2			
#5 Girls 1600 Meter Run Varsity	4:58.13	1/1	5/4/2024
#13 Girls 800 Meter Run Varsity	2:10.26	1/2	5/4/2024
#1 Girls 3200 Meter Relay Varsity (4)	9:51.75	1/6	5/4/2024
#21 Girls 1600 Meter Relay Varsity (4)	4:06.13	1/7	5/4/2024
8. Carpenter, Courtney - Female - Year: 12 - Ind/Rel: 3 / 1			
#11 Girls 100 Meter Dash Varsity	13.41	1/6	5/4/2024
#15 Girls 300 Meter Hurdles Varsity	51.77	1/9	5/4/2024
#17 Girls 200 Meter Dash Varsity	28.21	1/7	5/4/2024
#3 Girls 400 Meter Relay Varsity (3)	50.87	1/8	5/4/2024
9. Castleberry, Cooper - Male - Year: 10 - Ind/Rel: 2 / 1			
#6 Boys 1600 Meter Run Varsity	4:26.91	1/4	5/4/2024
#20 Boys 3200 Meter Run Varsity	9:46.65	1/5	5/4/2024
#2 Boys 3200 Meter Relay Varsity (3)	8:16.20	1/4	5/4/2024
10. Edelstein, Shani - Female - Year: 11 - Ind/Rel: 2 / 0			
#9 Girls 400 Meter Run Varsity	1:04.22	1/8	5/4/2024
#15 Girls 300 Meter Hurdles Varsity	50.24	1/5	5/4/2024
11. Ellis, Cole - Male - Year: 12 - Ind/Rel: 1 / 0			
#31 Boys Long Jump Varsity	18-00.50		5/4/2024
12. Gadzekpo, Faith - Female - Year: 11 - Ind/Rel: 2 / 0			
#27 Girls Shot Put Varsity	31-09.50	2/7	5/4/2024
#28 Girls Discus Throw Varsity	82-04	1/7	5/4/2024
13. Gage, Jillian - Female - Year: 10 - Ind/Rel: 1 / 0			
#24 Girls Pole Vault Varsity	9-00.00	1/2	5/4/2024
14. Ghadban, Oliver - Male - Year: 12 - Ind/Rel: 2 / 0			
#33 Boys Shot Put Varsity	45-06.00	2/7	5/4/2024
#34 Boys Discus Throw Varsity	117-10	1/5	5/4/2024
15. Gilbert, Jackson - Male - Year: 12 - Ind/Rel: 1 / 0			
#30 Boys Pole Vault Varsity	14-06.00	2/6	5/4/2024
16. Gill, Joshua - Male - Year: 12 - Ind/Rel: 1 / 0			
#20 Boys 3200 Meter Run Varsity	10:23.03	1/22	5/4/2024
17. Gould, Reese - Female - Year: 12 - Ind/Rel: 1 / 1			
#9 Girls 400 Meter Run Varsity	1:02.94	1/6	5/4/2024
#21 Girls 1600 Meter Relay Varsity (3)	4:06.13	1/7	5/4/2024

2024 Palomar League Championships - 5/4/2024

Mt Carmel High School

School Entries - All Events

Poway (POWA)

18.	Gregg, Adam - Male - Year: 10 - Ind/Rel: 1 / 0			
	#20 Boys 3200 Meter Run Varsity	10:14.71	1/14	5/4/2024
19.	Hansen, Audrey - Female - Year: 9 - Ind/Rel: 1 / 0			
	#17 Girls 200 Meter Dash Varsity	28.61	1/2	5/4/2024
20.	Hoopes, Abigale - Female - Year: 9 - Ind/Rel: 2 / 0			
	#23 Girls High Jump Varsity	4-05.00	1/3	5/4/2024
	#26 Girls Triple Jump Varsity	29-03.50	1/2	5/4/2024
21.	Houston, Logan - Male - Year: 11 - Ind/Rel: 2 / 2			
	#12 Boys 100 Meter Dash Varsity	11.06	3/3	5/4/2024
	#18 Boys 200 Meter Dash Varsity	22.21	3/7	5/4/2024
	#4 Boys 400 Meter Relay Varsity (2)	43.51	1/7	5/4/2024
	#22 Boys 1600 Meter Relay Varsity (4)	3:26.93	1/7	5/4/2024
22.	Hughes, Delaney - Female - Year: 9 - Ind/Rel: 2 / 1			
	#11 Girls 100 Meter Dash Varsity	13.43	1/4	5/4/2024
	#17 Girls 200 Meter Dash Varsity	27.77	1/5	5/4/2024
	#3 Girls 400 Meter Relay Varsity (1)	50.87	1/8	5/4/2024
23.	Hussemann, Catalina - Female - Year: 10 - Ind/Rel: 2 / 0			
	#5 Girls 1600 Meter Run Varsity	5:30.09	1/13	5/4/2024
	#19 Girls 3200 Meter Run Varsity	12:19.21	1/20	5/4/2024
24.	Jackson, Tanner - Male - Year: 10 - Ind/Rel: 1 / 0			
	#6 Boys 1600 Meter Run Varsity	4:40.53	1/16	5/4/2024
25.	Jacques, Halle - Female - Year: 12 - Ind/Rel: 3 / 0			
	#11 Girls 100 Meter Dash Varsity	13.47	1/7	5/4/2024
	#25 Girls Long Jump Varsity	15-00.00	1/6	5/4/2024
	#26 Girls Triple Jump Varsity	32-08.00	2/3	5/4/2024
26.	Jorgensen, Ryan - Male - Year: 12 - Ind/Rel: 2 / 0			
	#33 Boys Shot Put Varsity	44-08.50	2/6	5/4/2024
	#34 Boys Discus Throw Varsity	79-10		5/4/2024
27.	Judd, Grace - Female - Year: 12 - Ind/Rel: 1 / 1			
	#13 Girls 800 Meter Run Varsity	2:27.51	1/12	5/4/2024
	#1 Girls 3200 Meter Relay Varsity (2)	9:51.75	1/6	5/4/2024
28.	Judd, Olivia - Female - Year: 12 - Ind/Rel: 2 / 0			
	#5 Girls 1600 Meter Run Varsity	5:44.56	1/23	5/4/2024
	#19 Girls 3200 Meter Run Varsity	12:02.72	1/13	5/4/2024
29.	Judge, Wyatt - Male - Year: 11 - Ind/Rel: 2 / 0			
	#33 Boys Shot Put Varsity	32-02.50		5/4/2024
	#34 Boys Discus Throw Varsity	81-00.50		5/4/2024
30.	Kim, Sydney - Female - Year: 10 - Ind/Rel: 1 / 0			
	#23 Girls High Jump Varsity	4-02.00		5/4/2024
31.	Kneeland, Killian - Female - Year: 11 - Ind/Rel: 1 / 0			
	#24 Girls Pole Vault Varsity	8-06.00		5/4/2024
32.	Kraft, Sara - Female - Year: 12 - Ind/Rel: 2 / 0			
	#27 Girls Shot Put Varsity	26-10.00	1/2	5/4/2024
	#28 Girls Discus Throw Varsity	79-02.50	1/4	5/4/2024
33.	Kroepel, Abigail - Female - Year: 9 - Ind/Rel: 1 / 0			
	#24 Girls Pole Vault Varsity	8-00.00		5/4/2024
34.	Lauritzen, Lucas - Male - Year: 11 - Ind/Rel: 2 / 0			
	#8 Boys 110 Meter Hurdles Varsity	18.48	1/2	5/4/2024
	#29 Boys High Jump Varsity	5-06.00	1/5	5/4/2024

2024 Palomar League Championships - 5/4/2024

Mt Carmel High School

School Entries - All Events

Poway (POWA)

35.	Le, Kaylaine - Female - Year: 10 - Ind/Rel: 1 / 0			
	#23 Girls High Jump Varsity	4-04.00	1/1	5/4/2024
36.	Lemler, Jordan - Female - Year: 10 - Ind/Rel: 2 / 1			
	#9 Girls 400 Meter Run Varsity	1:01.98	2/2	5/4/2024
	#17 Girls 200 Meter Dash Varsity	27.82	1/6	5/4/2024
	#21 Girls 1600 Meter Relay Varsity (2)	4:06.13	1/7	5/4/2024
37.	Li, Madison - Female - Year: 10 - Ind/Rel: 2 / 0			
	#5 Girls 1600 Meter Run Varsity	5:44.57	1/24	5/4/2024
	#19 Girls 3200 Meter Run Varsity	12:27.14	1/24	5/4/2024
38.	Lopez Valenzuela, Bridget - Female - Year: 11 - Ind/Rel: 1 / 0			
	#23 Girls High Jump Varsity	5-05.00	1/17	5/4/2024
39.	Marcos, Baylor - Male - Year: 12 - Ind/Rel: 2 / 0			
	#33 Boys Shot Put Varsity	46-09.50	2/9	5/4/2024
	#34 Boys Discus Throw Varsity	100-11		5/4/2024
40.	Mashouf, Jackson - Male - Year: 11 - Ind/Rel: 2 / 0			
	#29 Boys High Jump Varsity	5-10.00	1/12	5/4/2024
	#32 Boys Triple Jump Varsity	33-07.00		5/4/2024
41.	McEwan, Reese - Female - Year: 11 - Ind/Rel: 2 / 0			
	#5 Girls 1600 Meter Run Varsity	5:41.14	1/20	5/4/2024
	#19 Girls 3200 Meter Run Varsity	12:34.17	1/25	5/4/2024
42.	McIntosh, Tori - Female - Year: 11 - Ind/Rel: 2 / 1			
	#9 Girls 400 Meter Run Varsity	1:00.31	2/6	5/4/2024
	#13 Girls 800 Meter Run Varsity	2:28.98	1/16	5/4/2024
	#21 Girls 1600 Meter Relay Varsity (1)	4:06.13	1/7	5/4/2024
43.	Menck, Gabriel - Male - Year: 11 - Ind/Rel: 2 / 0			
	#29 Boys High Jump Varsity	5-04.00	1/2	5/4/2024
	#31 Boys Long Jump Varsity	17-04.50		5/4/2024
44.	Moffat, Quinn - Male - Year: 11 - Ind/Rel: 1 / 0			
	#32 Boys Triple Jump Varsity	31-04.50		5/4/2024
45.	Muscat, Nina - Female - Year: 9 - Ind/Rel: 2 / 0			
	#5 Girls 1600 Meter Run Varsity	5:23.57	1/11	5/4/2024
	#19 Girls 3200 Meter Run Varsity	11:41.07	1/7	5/4/2024
46.	Nash, Avalon - Female - Year: 12 - Ind/Rel: 1 / 0			
	#19 Girls 3200 Meter Run Varsity	11:46.33	1/9	5/4/2024
47.	Nations, Mitchell - Male - Year: 12 - Ind/Rel: 2 / 1			
	#8 Boys 110 Meter Hurdles Varsity	16.56	2/4	5/4/2024
	#16 Boys 300 Meter Hurdles Varsity	42.38	2/1	5/4/2024
	#22 Boys 1600 Meter Relay Varsity (3)	3:26.93	1/7	5/4/2024
48.	Nicholas, Dylan-Marie - Female - Year: 9 - Ind/Rel: 2 / 1			
	#11 Girls 100 Meter Dash Varsity	13.15	2/4	5/4/2024
	#17 Girls 200 Meter Dash Varsity	26.98	2/7	5/4/2024
	#3 Girls 400 Meter Relay Varsity (2)	50.87	1/8	5/4/2024
49.	Norris, Logan - Male - Year: 12 - Ind/Rel: 1 / 1			
	#12 Boys 100 Meter Dash Varsity	11.78	1/7	5/4/2024
	#4 Boys 400 Meter Relay Varsity (4)	43.51	1/7	5/4/2024
50.	Sablan, Cheyanne - Female - Year: 11 - Ind/Rel: 1 / 0			
	#27 Girls Shot Put Varsity	26-07.00	1/1	5/4/2024

2024 Palomar League Championships - 5/4/2024

Mt Carmel High School

School Entries - All Events

Poway (POWA)

51.	Santavicca, Alessandra - Female - Year: 9 - Ind/Rel: 2 / 1			
	#5 Girls 1600 Meter Run Varsity	5:15.62	1/8	5/4/2024
	#19 Girls 3200 Meter Run Varsity	11:15.22	1/5	5/4/2024
	#1 Girls 3200 Meter Relay Varsity (1)	9:51.75	1/6	5/4/2024
52.	Scher, Rylon - Male - Year: 11 - Ind/Rel: 2 / 0			
	#8 Boys 110 Meter Hurdles Varsity	18.32	1/8	5/4/2024
	#16 Boys 300 Meter Hurdles Varsity	46.78		5/4/2024
53.	Severino, Gianna - Female - Year: 10 - Ind/Rel: 1 / 0			
	#28 Girls Discus Throw Varsity	78-07	1/3	5/4/2024
54.	Sevilla, Arturo - Male - Year: 12 - Ind/Rel: 2 / 1			
	#10 Boys 400 Meter Run Varsity	51.39	2/8	5/4/2024
	#18 Boys 200 Meter Dash Varsity	23.80	1/7	5/4/2024
	#22 Boys 1600 Meter Relay Varsity (1)	3:26.93	1/7	5/4/2024
55.	Shah, Kamran - Male - Year: 11 - Ind/Rel: 2 / 1			
	#6 Boys 1600 Meter Run Varsity	4:41.03	1/18	5/4/2024
	#14 Boys 800 Meter Run Varsity	2:03.83	1/16	5/4/2024
	#2 Boys 3200 Meter Relay Varsity (4)	8:16.20	1/4	5/4/2024
56.	Smith, Mackenzie - Female - Year: 10 - Ind/Rel: 1 / 1			
	#13 Girls 800 Meter Run Varsity	2:26.19	1/10	5/4/2024
	#1 Girls 3200 Meter Relay Varsity (3)	9:51.75	1/6	5/4/2024
57.	Smith-Earle, Rowan - Male - Year: 11 - Ind/Rel: 2 / 2			
	#10 Boys 400 Meter Run Varsity	52.56	2/1	5/4/2024
	#31 Boys Long Jump Varsity	20-00.00	2/2	5/4/2024
	#4 Boys 400 Meter Relay Varsity (1)	43.51	1/7	5/4/2024
	#22 Boys 1600 Meter Relay Varsity (2)	3:26.93	1/7	5/4/2024
58.	Sommer, Ella - Female - Year: 11 - Ind/Rel: 3 / 0			
	#7 Girls 100 Meter Hurdles Varsity	16.43	3/7	5/4/2024
	#11 Girls 100 Meter Dash Varsity	13.59	1/8	5/4/2024
	#15 Girls 300 Meter Hurdles Varsity	51.72	1/2	5/4/2024
59.	Sommer, Seth - Male - Year: 9 - Ind/Rel: 1 / 0			
	#32 Boys Triple Jump Varsity	32-00.00		5/4/2024
60.	Sosa, Jack - Male - Year: 12 - Ind/Rel: 1 / 0			
	#20 Boys 3200 Meter Run Varsity	10:37.78	1/27	5/4/2024
61.	Speck, Logan - Male - Year: 12 - Ind/Rel: 2 / 0			
	#31 Boys Long Jump Varsity	18-08.00	1/1	5/4/2024
	#32 Boys Triple Jump Varsity	39-09.50	1/8	5/4/2024
62.	Stephens, Abigail - Female - Year: 11 - Ind/Rel: 1 / 0			
	#26 Girls Triple Jump Varsity	29-03.00	1/1	5/4/2024
63.	Sweeney, Aine - Female - Year: 9 - Ind/Rel: 1 / 0			
	#13 Girls 800 Meter Run Varsity	2:26.36	1/11	5/4/2024
64.	Thomas, James - Male - Year: 11 - Ind/Rel: 2 / 0			
	#33 Boys Shot Put Varsity	32-02.00		5/4/2024
	#34 Boys Discus Throw Varsity	83-04		5/4/2024
65.	Thomson, Hunter - Male - Year: 11 - Ind/Rel: 1 / 0			
	#30 Boys Pole Vault Varsity	12-06.00	1/8	5/4/2024
66.	Tovey, Larry - Male - Year: 12 - Ind/Rel: 1 / 1			
	#14 Boys 800 Meter Run Varsity	2:00.32	1/5	5/4/2024
	#2 Boys 3200 Meter Relay Varsity (1)	8:16.20	1/4	5/4/2024

**2024 Palomar League Championships - 5/4/2024
Mt Carmel High School**

School Entries - All Events

Poway (POWA)

67.	Traynum, Laura - Female - Year: 11 - Ind/Rel: 2 / 0			
	#27 Girls Shot Put Varsity	29-10.50	1/8	5/4/2024
	#28 Girls Discus Throw Varsity	97-02	2/4	5/4/2024
68.	Tremble, Abigail - Female - Year: 10 - Ind/Rel: 1 / 0			
	#24 Girls Pole Vault Varsity	11-06.00	2/8	5/4/2024
69.	van Heijnsbergen, Sienna - Female - Year: 11 - Ind/Rel: 2 / 0			
	#23 Girls High Jump Varsity	4-07.00	1/6	5/4/2024
	#26 Girls Triple Jump Varsity	29-00.00		5/4/2024
70.	Vermilyea, Hailey - Female - Year: 11 - Ind/Rel: 2 / 1			
	#11 Girls 100 Meter Dash Varsity	13.28	2/1	5/4/2024
	#17 Girls 200 Meter Dash Varsity	26.80	2/5	5/4/2024
	#3 Girls 400 Meter Relay Varsity (4)	50.87	1/8	5/4/2024
71.	Vranish, Jack - Male - Year: 11 - Ind/Rel: 1 / 1			
	#14 Boys 800 Meter Run Varsity	2:00.90	1/7	5/4/2024
	#2 Boys 3200 Meter Relay Varsity (2)	8:16.20	1/4	5/4/2024
72.	Vuong, Abigail - Female - Year: 11 - Ind/Rel: 2 / 0			
	#27 Girls Shot Put Varsity	28-05.50	1/4	5/4/2024
	#28 Girls Discus Throw Varsity	81-02	1/5	5/4/2024
1.	Poway			
	#1 Girls 3200 Meter Relay Varsity	9:51.75	1/6	5/4/2024
	Santavicca, Alessandra 9; Judd, Grace 12; Smith, Mackenzie 10; Buswell, Tessa 12			
2.	Poway			
	#2 Boys 3200 Meter Relay Varsity	8:16.20	1/4	5/4/2024
	Tovey, Larry 12; Vranish, Jack 11; Castleberry, Cooper 10; Shah, Kamran 11			
3.	Poway			
	#3 Girls 400 Meter Relay Varsity	50.87	1/8	5/4/2024
	Hughes, Delaney 9; Nicholas, Dylan-Marie 9; Carpenter, Courtney 12; Vermilyea, Hailey 11			
4.	Poway			
	#4 Boys 400 Meter Relay Varsity	43.51	1/7	5/4/2024
	Smith-Earle, Rowan 11; Houston, Logan 11; Alsop, Tyler 12; Norris, Logan 12			
5.	Poway			
	#21 Girls 1600 Meter Relay Varsity	4:06.13	1/7	5/4/2024
	McIntosh, Tori 11; Lemler, Jordan 10; Gould, Reese 12; Buswell, Tessa 12			
6.	Poway			
	#22 Boys 1600 Meter Relay Varsity	3:26.93	1/7	5/4/2024
	Sevilla, Arturo 12; Smith-Earle, Rowan 11; Nations, Mitchell 12; Houston, Logan 11			
	Poway Total Individual Entries: 115 - Total Relays: 6			

2024 Palomar League Championships - 5/4/2024

Mt Carmel High School

School Entries - All Events

Rancho Bernardo (RBER)

1.	Abawi, Brice - Male - Year: 10 - Ind/Rel: 2 / 2			
	#12 Boys 100 Meter Dash Varsity	10.74	3/5	5/4/2024
	#18 Boys 200 Meter Dash Varsity	21.86	3/6	5/4/2024
	#4 Boys 400 Meter Relay Varsity (4)	42.17	1/5	5/4/2024
	#22 Boys 1600 Meter Relay Varsity (1)	3:24.52	1/4	5/4/2024
2.	Aichroth, James - Male - Year: 12 - Ind/Rel: 2 / 0			
	#8 Boys 110 Meter Hurdles Varsity	17.04	2/2	5/4/2024
	#16 Boys 300 Meter Hurdles Varsity	43.28	1/2	5/4/2024
3.	Alemi, Zain - Male - Year: 10 - Ind/Rel: 0 / 1			
	#2 Boys 3200 Meter Relay Varsity (3)	8:25.00	1/7	5/4/2024
4.	Altamirano, Wolfe - Male - Year: 11 - Ind/Rel: 3 / 0			
	#8 Boys 110 Meter Hurdles Varsity	15.56	3/9	5/4/2024
	#16 Boys 300 Meter Hurdles Varsity	42.07	2/2	5/4/2024
	#31 Boys Long Jump Varsity	19-09.75	1/9	5/4/2024
5.	Anderson, Ayson - Male - Year: 12 - Ind/Rel: 1 / 0			
	#30 Boys Pole Vault Varsity	12-01.00	1/5	5/4/2024
6.	Anderson, Chase - Male - Year: 10 - Ind/Rel: 2 / 0			
	#8 Boys 110 Meter Hurdles Varsity	17.74	2/1	5/4/2024
	#32 Boys Triple Jump Varsity	39-10.00	1/9	5/4/2024
7.	Anderson, Renae - Female - Year: 12 - Ind/Rel: 1 / 0			
	#19 Girls 3200 Meter Run Varsity	12:06.49	1/15	5/4/2024
8.	Applegate, Ashley - Female - Year: 11 - Ind/Rel: 1 / 0			
	#23 Girls High Jump Varsity	4-10.00	1/10	5/4/2024
9.	Austin, Cassidy - Female - Year: 10 - Ind/Rel: 1 / 0			
	#28 Girls Discus Throw Varsity	88-02	1/10	5/4/2024
10.	Baccai, Sophia - Female - Year: 10 - Ind/Rel: 1 / 1			
	#13 Girls 800 Meter Run Varsity	2:28.58	1/14	5/4/2024
	#1 Girls 3200 Meter Relay Varsity (1)	10:25.00	1/7	5/4/2024
11.	Beeby, Madison - Female - Year: 10 - Ind/Rel: 2 / 2			
	#11 Girls 100 Meter Dash Varsity	13.11	2/6	5/4/2024
	#17 Girls 200 Meter Dash Varsity	26.89	2/4	5/4/2024
	#3 Girls 400 Meter Relay Varsity (3)	50.29	1/7	5/4/2024
	#21 Girls 1600 Meter Relay Varsity (3)	4:17.45	1/8	5/4/2024
12.	Biddle, Riley - Female - Year: 9 - Ind/Rel: 2 / 0			
	#5 Girls 1600 Meter Run Varsity	5:08.29	1/5	5/4/2024
	#19 Girls 3200 Meter Run Varsity	10:56.14	1/2	5/4/2024
13.	Borillo, Jayden - Male - Year: 11 - Ind/Rel: 1 / 0			
	#34 Boys Discus Throw Varsity	110-10.50	1/2	5/4/2024
14.	Bradbury, Lance - Male - Year: 11 - Ind/Rel: 2 / 0			
	#33 Boys Shot Put Varsity	39-05.50	1/5	5/4/2024
	#34 Boys Discus Throw Varsity	125-00	1/10	5/4/2024
15.	Brehm, Brooke - Female - Year: 10 - Ind/Rel: 2 / 0			
	#7 Girls 100 Meter Hurdles Varsity	18.41	1/6	5/4/2024
	#15 Girls 300 Meter Hurdles Varsity	51.15	1/7	5/4/2024
16.	Brown, Avery - Female - Year: 9 - Ind/Rel: 1 / 0			
	#23 Girls High Jump Varsity	4-09.00	1/9	5/4/2024
17.	Brown, Mitchel - Male - Year: 10 - Ind/Rel: 1 / 0			
	#16 Boys 300 Meter Hurdles Varsity	48.52		5/4/2024

2024 Palomar League Championships - 5/4/2024

Mt Carmel High School

School Entries - All Events

Rancho Bernardo (RBER)

18.	Bugayong, Izzy - Female - Year: 10 - Ind/Rel: 1 / 0				
	#24 Girls Pole Vault Varsity	11-00.00	2/6		5/4/2024
19.	Cappello, Christopher - Male - Year: 12 - Ind/Rel: 2 / 0				
	#8 Boys 110 Meter Hurdles Varsity	14.64	3/5		5/4/2024
	#16 Boys 300 Meter Hurdles Varsity	40.10	2/6		5/4/2024
20.	Carter, Emilie - Female - Year: 10 - Ind/Rel: 2 / 0				
	#9 Girls 400 Meter Run Varsity	1:04.50	1/2		5/4/2024
	#17 Girls 200 Meter Dash Varsity	28.23	1/3		5/4/2024
21.	Castro, Jasmyne - Female - Year: 12 - Ind/Rel: 2 / 0				
	#5 Girls 1600 Meter Run Varsity	5:22.75	1/10		5/4/2024
	#19 Girls 3200 Meter Run Varsity	11:45.53	1/8		5/4/2024
22.	Chaplik, Naomi - Female - Year: 10 - Ind/Rel: 1 / 0				
	#26 Girls Triple Jump Varsity	28-03.00			5/4/2024
23.	Christensen, Silas - Male - Year: 10 - Ind/Rel: 2 / 2				
	#12 Boys 100 Meter Dash Varsity	10.85	3/6		5/4/2024
	#18 Boys 200 Meter Dash Varsity	22.88	2/5		5/4/2024
	#4 Boys 400 Meter Relay Varsity (1)	42.17	1/5		5/4/2024
	#22 Boys 1600 Meter Relay Varsity (4)	3:24.52	1/4		5/4/2024
24.	Clark, Levi - Male - Year: 11 - Ind/Rel: 1 / 0				
	#31 Boys Long Jump Varsity	20-01.00	2/4		5/4/2024
25.	Cottom, Devin - Male - Year: 10 - Ind/Rel: 1 / 0				
	#20 Boys 3200 Meter Run Varsity	10:17.67	1/17		5/4/2024
26.	Curry, Chance - Male - Year: 10 - Ind/Rel: 2 / 0				
	#33 Boys Shot Put Varsity	42-04.00	2/1		5/4/2024
	#34 Boys Discus Throw Varsity	139-04	2/7		5/4/2024
27.	Dalrymple, Trent - Male - Year: 10 - Ind/Rel: 1 / 0				
	#32 Boys Triple Jump Varsity	38-05.00	1/4		5/4/2024
28.	Dangio, Livia - Female - Year: 10 - Ind/Rel: 1 / 0				
	#19 Girls 3200 Meter Run Varsity	11:58.28	1/12		5/4/2024
29.	David, Jacob - Male - Year: 11 - Ind/Rel: 2 / 0				
	#33 Boys Shot Put Varsity	39-10.00	1/7		5/4/2024
	#34 Boys Discus Throw Varsity	129-07.50	2/3		5/4/2024
30.	De La Cruz, Miles - Male - Year: 10 - Ind/Rel: 3 / 1				
	#10 Boys 400 Meter Run Varsity	53.12	1/5		5/4/2024
	#12 Boys 100 Meter Dash Varsity	11.76	1/4		5/4/2024
	#18 Boys 200 Meter Dash Varsity	23.00	2/7		5/4/2024
	#22 Boys 1600 Meter Relay Varsity (3)	3:24.52	1/4		5/4/2024
31.	Dizon, Anthony - Male - Year: 10 - Ind/Rel: 1 / 0				
	#29 Boys High Jump Varsity	5-06.00	1/7		5/4/2024
32.	Doolittle, Luca - Male - Year: 11 - Ind/Rel: 1 / 0				
	#12 Boys 100 Meter Dash Varsity	11.62	2/9		5/4/2024
33.	Drager, Isabella - Female - Year: 9 - Ind/Rel: 1 / 1				
	#9 Girls 400 Meter Run Varsity	1:04.96	1/1		5/4/2024
	#21 Girls 1600 Meter Relay Varsity (1)	4:17.45	1/8		5/4/2024
34.	Eshel, Taliah - Female - Year: 10 - Ind/Rel: 2 / 0				
	#25 Girls Long Jump Varsity	15-10.75	2/1		5/4/2024
	#26 Girls Triple Jump Varsity	33-04.50	2/4		5/4/2024

2024 Palomar League Championships - 5/4/2024

Mt Carmel High School

School Entries - All Events

Rancho Bernardo (RBER)

35. Fisher, Terrick - Male - Year: 12 - Ind/Rel: 2 / 2			
#12 Boys 100 Meter Dash Varsity	10.98	3/7	5/4/2024
#18 Boys 200 Meter Dash Varsity	22.55	3/2	5/4/2024
#4 Boys 400 Meter Relay Varsity (2)	42.17	1/5	5/4/2024
#22 Boys 1600 Meter Relay Varsity (2)	3:24.52	1/4	5/4/2024
36. Foster, Jahiem - Male - Year: 11 - Ind/Rel: 2 / 0			
#10 Boys 400 Meter Run Varsity	54.66	1/2	5/4/2024
#18 Boys 200 Meter Dash Varsity	23.78	1/4	5/4/2024
37. Franco, Thien - Male - Year: 11 - Ind/Rel: 2 / 0			
#33 Boys Shot Put Varsity	41-04.00	1/10	5/4/2024
#34 Boys Discus Throw Varsity	139-09	2/8	5/4/2024
38. Frozano, Sophia - Female - Year: 10 - Ind/Rel: 1 / 0			
#7 Girls 100 Meter Hurdles Varsity	18.42	1/8	5/4/2024
39. Grant, Anna - Female - Year: 10 - Ind/Rel: 2 / 1			
#5 Girls 1600 Meter Run Varsity	5:34.96	1/15	5/4/2024
#19 Girls 3200 Meter Run Varsity	12:02.73	1/14	5/4/2024
#1 Girls 3200 Meter Relay Varsity (4)	10:25.00	1/7	5/4/2024
40. Hann, Fatima - Female - Year: 12 - Ind/Rel: 1 / 0			
#7 Girls 100 Meter Hurdles Varsity	18.22	2/1	5/4/2024
41. Hendrickson, Kate - Female - Year: 11 - Ind/Rel: 2 / 1			
#13 Girls 800 Meter Run Varsity	2:30.03	1/20	5/4/2024
#23 Girls High Jump Varsity	4-08.00	1/7	5/4/2024
#1 Girls 3200 Meter Relay Varsity (2)	10:25.00	1/7	5/4/2024
42. Hernandez, Lianna - Female - Year: 11 - Ind/Rel: 2 / 0			
#7 Girls 100 Meter Hurdles Varsity	18.18	2/9	5/4/2024
#15 Girls 300 Meter Hurdles Varsity	50.27	1/6	5/4/2024
43. Ho, Grace - Female - Year: 12 - Ind/Rel: 1 / 0			
#23 Girls High Jump Varsity	4-04.00	1/2	5/4/2024
44. Hoagland, Tayhlore - Female - Year: 12 - Ind/Rel: 4 / 0			
#11 Girls 100 Meter Dash Varsity	12.12	3/5	5/4/2024
#17 Girls 200 Meter Dash Varsity	25.46	3/6	5/4/2024
#25 Girls Long Jump Varsity	18-01.00	2/8	5/4/2024
#26 Girls Triple Jump Varsity	35-04.00	2/8	5/4/2024
45. Humer, Sophie - Female - Year: 10 - Ind/Rel: 1 / 0			
#24 Girls Pole Vault Varsity	12-01.00	2/10	5/4/2024
46. Jabbour, Sasha - Female - Year: 11 - Ind/Rel: 1 / 0			
#25 Girls Long Jump Varsity	14-08.00	1/5	5/4/2024
47. Jackson, Jaden - Male - Year: 9 - Ind/Rel: 2 / 0			
#8 Boys 110 Meter Hurdles Varsity	18.06	1/4	5/4/2024
#16 Boys 300 Meter Hurdles Varsity	47.84		5/4/2024
48. Jackson, Jordan - Male - Year: 9 - Ind/Rel: 1 / 0			
#16 Boys 300 Meter Hurdles Varsity	49.12		5/4/2024
49. Jones, Emilee - Female - Year: 12 - Ind/Rel: 3 / 0			
#7 Girls 100 Meter Hurdles Varsity	17.22	3/9	5/4/2024
#25 Girls Long Jump Varsity	15-01.50	1/8	5/4/2024
#26 Girls Triple Jump Varsity	30-04.25	1/4	5/4/2024
50. Kakar, Anvi - Female - Year: 11 - Ind/Rel: 1 / 0			
#19 Girls 3200 Meter Run Varsity	12:26.19	1/22	5/4/2024

2024 Palomar League Championships - 5/4/2024

Mt Carmel High School

School Entries - All Events

Rancho Bernardo (RBER)

51.	Kale, Reena - Female - Year: 10 - Ind/Rel: 1 / 0 #28 Girls Discus Throw Varsity	78-05	1/2	5/4/2024
52.	Khot, Jaya - Female - Year: 11 - Ind/Rel: 2 / 0 #27 Girls Shot Put Varsity	31-01.00	2/5	5/4/2024
	#28 Girls Discus Throw Varsity	106-09.50	2/6	5/4/2024
53.	Laborde, Cooper - Male - Year: 10 - Ind/Rel: 2 / 0 #33 Boys Shot Put Varsity	39-02.50	1/3	5/4/2024
	#34 Boys Discus Throw Varsity	111-02	1/3	5/4/2024
54.	Lee, Caleb - Male - Year: 12 - Ind/Rel: 1 / 0 #29 Boys High Jump Varsity	5-11.00	1/14	5/4/2024
55.	Liu, William - Male - Year: 10 - Ind/Rel: 1 / 0 #20 Boys 3200 Meter Run Varsity	10:14.08	1/12	5/4/2024
56.	Llama, Jacob - Male - Year: 11 - Ind/Rel: 2 / 0 #33 Boys Shot Put Varsity	43-10.00	2/5	5/4/2024
	#34 Boys Discus Throw Varsity	139-00.50	2/6	5/4/2024
57.	Lokey, Bowen - Male - Year: 9 - Ind/Rel: 1 / 0 #30 Boys Pole Vault Varsity	11-06.00	1/2	5/4/2024
58.	Looper, Hannah - Female - Year: 11 - Ind/Rel: 2 / 0 #27 Girls Shot Put Varsity	24-02.00		5/4/2024
	#28 Girls Discus Throw Varsity	95-10	2/3	5/4/2024
59.	Lopez, Andolynn - Female - Year: 11 - Ind/Rel: 1 / 0 #26 Girls Triple Jump Varsity	28-06.00		5/4/2024
60.	Lorenz, Emily - Female - Year: 9 - Ind/Rel: 1 / 1 #13 Girls 800 Meter Run Varsity	2:28.98	1/15	5/4/2024
	#1 Girls 3200 Meter Relay Varsity (3)	10:25.00	1/7	5/4/2024
61.	Lorenz, Madison - Female - Year: 12 - Ind/Rel: 1 / 0 #5 Girls 1600 Meter Run Varsity	5:26.53	1/12	5/4/2024
62.	Luecht, Camden - Male - Year: 11 - Ind/Rel: 2 / 0 #6 Boys 1600 Meter Run Varsity	4:26.28	1/3	5/4/2024
	#20 Boys 3200 Meter Run Varsity	9:20.91	1/2	5/4/2024
63.	Mariner, Carson - Male - Year: 9 - Ind/Rel: 1 / 0 #10 Boys 400 Meter Run Varsity	54.87	1/9	5/4/2024
64.	McMichael, Samantha - Female - Year: 12 - Ind/Rel: 2 / 0 #7 Girls 100 Meter Hurdles Varsity	16.71	3/3	5/4/2024
	#23 Girls High Jump Varsity	5-00.00	1/15	5/4/2024
65.	Mellott, Sydney - Female - Year: 11 - Ind/Rel: 1 / 0 #24 Girls Pole Vault Varsity	9-01.00	1/4	5/4/2024
66.	Mizui, Naoya - Male - Year: 11 - Ind/Rel: 1 / 0 #20 Boys 3200 Meter Run Varsity	10:14.28	1/13	5/4/2024
67.	Moffit, Jayden - Male - Year: 10 - Ind/Rel: 1 / 1 #10 Boys 400 Meter Run Varsity	53.51	1/4	5/4/2024
	#2 Boys 3200 Meter Relay Varsity (4)	8:25.00	1/7	5/4/2024
68.	Montgomery, Maxwell - Male - Year: 11 - Ind/Rel: 1 / 0 #33 Boys Shot Put Varsity	40-07.00	1/9	5/4/2024
69.	Montiel, Lola - Female - Year: 9 - Ind/Rel: 1 / 0 #24 Girls Pole Vault Varsity	9-00.00	1/1	5/4/2024
70.	Morris, Mia - Female - Year: 11 - Ind/Rel: 1 / 0 #24 Girls Pole Vault Varsity	10-01.00	2/1	5/4/2024

2024 Palomar League Championships - 5/4/2024

Mt Carmel High School

School Entries - All Events

Rancho Bernardo (RBER)

71.	Ortega, Omar - Male - Year: 12 - Ind/Rel: 2 / 0			
	#33 Boys Shot Put Varsity	42-10.00	2/3	5/4/2024
	#34 Boys Discus Throw Varsity	156-05	2/10	5/4/2024
72.	Parenti, Eve - Female - Year: 10 - Ind/Rel: 2 / 0			
	#7 Girls 100 Meter Hurdles Varsity	18.12	2/2	5/4/2024
	#15 Girls 300 Meter Hurdles Varsity	51.67	1/8	5/4/2024
73.	Parvataneni, Pradyun - Male - Year: 10 - Ind/Rel: 0 / 1			
	#2 Boys 3200 Meter Relay Varsity (1)	8:25.00	1/7	5/4/2024
74.	Parzyk, Noah - Male - Year: 12 - Ind/Rel: 1 / 0			
	#30 Boys Pole Vault Varsity	13-01.00	2/2	5/4/2024
75.	Pascual, Lexington - Female - Year: 9 - Ind/Rel: 3 / 1			
	#11 Girls 100 Meter Dash Varsity	12.81	3/2	5/4/2024
	#25 Girls Long Jump Varsity	16-09.75	2/5	5/4/2024
	#26 Girls Triple Jump Varsity	35-09.50	2/9	5/4/2024
	#3 Girls 400 Meter Relay Varsity (4)	50.29	1/7	5/4/2024
76.	Pennyman, Mario - Male - Year: 12 - Ind/Rel: 2 / 0			
	#31 Boys Long Jump Varsity	20-07.00	2/7	5/4/2024
	#32 Boys Triple Jump Varsity	41-08.00	2/5	5/4/2024
77.	Perez, Roman - Male - Year: 10 - Ind/Rel: 2 / 0			
	#8 Boys 110 Meter Hurdles Varsity	19.03	1/1	5/4/2024
	#16 Boys 300 Meter Hurdles Varsity	45.56		5/4/2024
78.	Pollard, Ayannah - Female - Year: 10 - Ind/Rel: 2 / 0			
	#27 Girls Shot Put Varsity	30-06.00	2/3	5/4/2024
	#28 Girls Discus Throw Varsity	88-02.50	1/11	5/4/2024
79.	Potenciano, Jada - Female - Year: 12 - Ind/Rel: 1 / 0			
	#24 Girls Pole Vault Varsity	12-01.00	2/11	5/4/2024
80.	Pratt, Jamison - Male - Year: 12 - Ind/Rel: 2 / 0			
	#31 Boys Long Jump Varsity	20-01.00	2/3	5/4/2024
	#32 Boys Triple Jump Varsity	38-11.50	1/6	5/4/2024
81.	Ramirez, Jose - Male - Year: 11 - Ind/Rel: 1 / 0			
	#20 Boys 3200 Meter Run Varsity	10:03.64	1/9	5/4/2024
82.	Rudkin, Zoe - Female - Year: 9 - Ind/Rel: 1 / 1			
	#9 Girls 400 Meter Run Varsity	1:03.78	1/7	5/4/2024
	#21 Girls 1600 Meter Relay Varsity (4)	4:17.45	1/8	5/4/2024
83.	Saunders, Rob - Male - Year: 12 - Ind/Rel: 1 / 0			
	#30 Boys Pole Vault Varsity	15-02.00	2/9	5/4/2024
84.	Scandrett, Sage - Female - Year: 9 - Ind/Rel: 1 / 0			
	#15 Girls 300 Meter Hurdles Varsity	54.61		5/4/2024
85.	Schaller, Max - Male - Year: 12 - Ind/Rel: 2 / 0			
	#6 Boys 1600 Meter Run Varsity	4:31.41	1/6	5/4/2024
	#20 Boys 3200 Meter Run Varsity	9:42.58	1/3	5/4/2024
86.	Schiocchet, Bernardo - Male - Year: 10 - Ind/Rel: 1 / 0			
	#29 Boys High Jump Varsity	5-05.00	1/4	5/4/2024
87.	Serrano, Lucas - Male - Year: 9 - Ind/Rel: 1 / 0			
	#34 Boys Discus Throw Varsity	112-11	1/4	5/4/2024
88.	Shah, Netra - Female - Year: 9 - Ind/Rel: 1 / 0			
	#15 Girls 300 Meter Hurdles Varsity	54.51		5/4/2024
89.	Smith, Kendra - Female - Year: 12 - Ind/Rel: 1 / 0			
	#24 Girls Pole Vault Varsity	10-03.00	2/3	5/4/2024

**2024 Palomar League Championships - 5/4/2024
Mt Carmel High School**

School Entries - All Events

Rancho Bernardo (RBER)

90.	Sun, Tyler - Male - Year: 10 - Ind/Rel: 1 / 0 #30 Boys Pole Vault Varsity	11-06.00	1/1	5/4/2024
91.	Sweitzer, Grant - Male - Year: 11 - Ind/Rel: 2 / 0 #33 Boys Shot Put Varsity #34 Boys Discus Throw Varsity	43-07.00 128-08	2/4 2/2	5/4/2024 5/4/2024
92.	Tani, Nassim - Male - Year: 10 - Ind/Rel: 1 / 1 #6 Boys 1600 Meter Run Varsity #2 Boys 3200 Meter Relay Varsity (2)	4:33.49 8:25.00	1/9 1/7	5/4/2024 5/4/2024
93.	Tokushige, Keira - Female - Year: 11 - Ind/Rel: 1 / 0 #15 Girls 300 Meter Hurdles Varsity	49.09	2/2	5/4/2024
94.	Tokushige, Reese - Female - Year: 11 - Ind/Rel: 2 / 0 #7 Girls 100 Meter Hurdles Varsity #15 Girls 300 Meter Hurdles Varsity	17.52 49.24	3/1 2/9	5/4/2024 5/4/2024
95.	Waggaman, Kailey - Female - Year: 10 - Ind/Rel: 1 / 0 #24 Girls Pole Vault Varsity	9-06.00	1/7	5/4/2024
96.	Walkley, Gabriella - Female - Year: 9 - Ind/Rel: 1 / 1 #11 Girls 100 Meter Dash Varsity #3 Girls 400 Meter Relay Varsity (2)	13.69 50.29	1/1 1/7	5/4/2024 5/4/2024
97.	Webb, Elijah - Male - Year: 9 - Ind/Rel: 1 / 0 #32 Boys Triple Jump Varsity	36-10.50	1/2	5/4/2024
98.	Weddle, Brooklyn - Female - Year: 10 - Ind/Rel: 2 / 0 #25 Girls Long Jump Varsity #26 Girls Triple Jump Varsity	14-04.00 28-07.00	1/1	5/4/2024 5/4/2024
99.	West, Brynn - Female - Year: 10 - Ind/Rel: 2 / 2 #11 Girls 100 Meter Dash Varsity #17 Girls 200 Meter Dash Varsity #3 Girls 400 Meter Relay Varsity (1) #21 Girls 1600 Meter Relay Varsity (2)	13.24 27.12 50.29 4:17.45	2/2 2/3 1/7 1/8	5/4/2024 5/4/2024 5/4/2024 5/4/2024
100.	Whitford, Tanner - Male - Year: 12 - Ind/Rel: 2 / 1 #12 Boys 100 Meter Dash Varsity #18 Boys 200 Meter Dash Varsity #4 Boys 400 Meter Relay Varsity (3)	11.61 23.23 42.17	2/2 2/2 1/5	5/4/2024 5/4/2024 5/4/2024
101.	Wong, Stephen - Male - Year: 11 - Ind/Rel: 2 / 0 #8 Boys 110 Meter Hurdles Varsity #16 Boys 300 Meter Hurdles Varsity	15.05 40.94	3/7 2/7	5/4/2024 5/4/2024
102.	Zach, Christian - Male - Year: 10 - Ind/Rel: 1 / 0 #8 Boys 110 Meter Hurdles Varsity	18.55	1/9	5/4/2024
1.	Rancho Bernardo #1 Girls 3200 Meter Relay Varsity Baccei, Sophia 10; Hendrickson, Kate 11; Lorenz, Emily 9; Grant, Anna 10	10:25.00	1/7	5/4/2024
2.	Rancho Bernardo #2 Boys 3200 Meter Relay Varsity Parvataneni, Pradyun 10; Tani, Nassim 10; Alemi, Zain 10; Moffit, Jayden 10	8:25.00	1/7	5/4/2024
3.	Rancho Bernardo #3 Girls 400 Meter Relay Varsity West, Brynn 10; Walkley, Gabriella 9; Beeby, Madison 10; Pascual, Lexington 9	50.29	1/7	5/4/2024
4.	Rancho Bernardo #4 Boys 400 Meter Relay Varsity Christensen, Silas 10; Fisher, Terrick 12; Whitford, Tanner 12; Abawi, Brice 10	42.17	1/5	5/4/2024

**2024 Palomar League Championships - 5/4/2024
Mt Carmel High School**

School Entries - All Events

Rancho Bernardo (RBER)

- 5. Rancho Bernardo
#21 Girls 1600 Meter Relay Varsity 4:17.45 1/8 5/4/2024
Drager, Isabella 9; West, Brynn 10; Beeby, Madison 10; Rudkin, Zoe 9
 - 6. Rancho Bernardo
#22 Boys 1600 Meter Relay Varsity 3:24.52 1/4 5/4/2024
Abawi, Brice 10; Fisher, Terrick 12; De La Cruz, Miles 10; Christensen, Silas 10
- Rancho Bernardo Total Individual Entries: 151 - Total Relays: 6**

2024 Palomar League Championships - 5/4/2024
Mt Carmel High School

School Entries - All Events

San Marcos (SMAR)

1. Aguilar, Destiny - Female - Year: 10 - Ind/Rel: 1 / 0			
#7 Girls 100 Meter Hurdles Varsity	18.28	1/5	5/4/2024
2. Alaei, Khalil - Male - Year: 12 - Ind/Rel: 2 / 0			
#31 Boys Long Jump Varsity	19-07.50	1/7	5/4/2024
#32 Boys Triple Jump Varsity	38-07.50	1/5	5/4/2024
3. Beltran, Xavier - Male - Year: 12 - Ind/Rel: 1 / 0			
#34 Boys Discus Throw Varsity	124-01	1/9	5/4/2024
4. Bhatt, Kush - Male - Year: 9 - Ind/Rel: 1 / 0			
#29 Boys High Jump Varsity	5-06.00	1/9	5/4/2024
5. Bishop, Aasha - Female - Year: 12 - Ind/Rel: 1 / 0			
#24 Girls Pole Vault Varsity	10-02.00	2/2	5/4/2024
6. Blanco, Giovanni - Male - Year: 11 - Ind/Rel: 3 / 0			
#6 Boys 1600 Meter Run Varsity	4:37.78	1/12	5/4/2024
#14 Boys 800 Meter Run Varsity	2:03.45	1/15	5/4/2024
#20 Boys 3200 Meter Run Varsity	10:20.97	1/21	5/4/2024
7. Bustarde, Virginia - Female - Year: 10 - Ind/Rel: 2 / 0			
#25 Girls Long Jump Varsity	17-02.00	2/7	5/4/2024
#26 Girls Triple Jump Varsity	31-01.00	1/6	5/4/2024
8. Castellon, Maurizio - Male - Year: 10 - Ind/Rel: 1 / 1			
#14 Boys 800 Meter Run Varsity	1:58.32	1/2	5/4/2024
#22 Boys 1600 Meter Relay Varsity (2)	3:28.28	1/3	5/4/2024
9. Coker, Remi - Male - Year: 10 - Ind/Rel: 2 / 2			
#10 Boys 400 Meter Run Varsity	52.07	2/9	5/4/2024
#18 Boys 200 Meter Dash Varsity	23.10	2/3	5/4/2024
#4 Boys 400 Meter Relay Varsity (1)	42.79	1/6	5/4/2024
#22 Boys 1600 Meter Relay Varsity (1)	3:28.28	1/3	5/4/2024
10. David, Nadia - Female - Year: 12 - Ind/Rel: 1 / 0			
#25 Girls Long Jump Varsity	14-08.00	1/4	5/4/2024
11. Dawson, Ava - Female - Year: 12 - Ind/Rel: 1 / 0			
#26 Girls Triple Jump Varsity	34-04.75	2/7	5/4/2024
12. Dratler McGowan, Raeleigh - Female - Year: 12 - Ind/Rel: 2 / 1			
#11 Girls 100 Meter Dash Varsity	13.19	2/3	5/4/2024
#17 Girls 200 Meter Dash Varsity	27.88	1/4	5/4/2024
#3 Girls 400 Meter Relay Varsity (3)	49.38	1/4	5/4/2024
13. Dufek, Lyla - Female - Year: 11 - Ind/Rel: 1 / 0			
#7 Girls 100 Meter Hurdles Varsity	16.38	3/4	5/4/2024
14. Gelt, Matek - Male - Year: 11 - Ind/Rel: 2 / 0			
#33 Boys Shot Put Varsity	46-11.00	2/10	5/4/2024
#34 Boys Discus Throw Varsity	133-10	2/5	5/4/2024
15. Gonzalez, Leana - Female - Year: 11 - Ind/Rel: 1 / 0			
#24 Girls Pole Vault Varsity	8-09.00		5/4/2024
16. Gruber, Isabella - Female - Year: 9 - Ind/Rel: 1 / 0			
#9 Girls 400 Meter Run Varsity	1:03.10	1/4	5/4/2024
17. Haglof, Blake - Male - Year: 10 - Ind/Rel: 2 / 0			
#8 Boys 110 Meter Hurdles Varsity	16.75	2/7	5/4/2024
#16 Boys 300 Meter Hurdles Varsity	43.00	1/7	5/4/2024

2024 Palomar League Championships - 5/4/2024

Mt Carmel High School

School Entries - All Events

San Marcos (SMAR)

18.	Heisel, Bailey - Female - Year: 12 - Ind/Rel: 2 / 2			
	#9 Girls 400 Meter Run Varsity	1:02.27	2/9	5/4/2024
	#17 Girls 200 Meter Dash Varsity	27.33	2/9	5/4/2024
	#3 Girls 400 Meter Relay Varsity (1)	49.38	1/4	5/4/2024
	#21 Girls 1600 Meter Relay Varsity (1)	4:10.25	1/3	5/4/2024
19.	Hines, Preston - Male - Year: 11 - Ind/Rel: 2 / 1			
	#10 Boys 400 Meter Run Varsity	50.99	2/4	5/4/2024
	#31 Boys Long Jump Varsity	20-10.00	2/10	5/4/2024
	#22 Boys 1600 Meter Relay Varsity (4)	3:28.28	1/3	5/4/2024
20.	How, Colin - Male - Year: 9 - Ind/Rel: 1 / 0			
	#31 Boys Long Jump Varsity	19-07.25	1/6	5/4/2024
21.	Huff, Logan - Male - Year: 9 - Ind/Rel: 1 / 0			
	#14 Boys 800 Meter Run Varsity	2:01.55	1/9	5/4/2024
22.	Hunt, Katherine - Female - Year: 11 - Ind/Rel: 2 / 1			
	#11 Girls 100 Meter Dash Varsity	12.53	3/3	5/4/2024
	#17 Girls 200 Meter Dash Varsity	25.62	3/3	5/4/2024
	#3 Girls 400 Meter Relay Varsity (4)	49.38	1/4	5/4/2024
23.	Iuta, Lautele - Male - Year: 12 - Ind/Rel: 1 / 0			
	#33 Boys Shot Put Varsity	46-04.00	2/8	5/4/2024
24.	Johnson, Aidan - Male - Year: 10 - Ind/Rel: 1 / 0			
	#30 Boys Pole Vault Varsity	11-01.00		5/4/2024
25.	Joyner, Jayden - Male - Year: 12 - Ind/Rel: 3 / 0			
	#8 Boys 110 Meter Hurdles Varsity	16.50	2/6	5/4/2024
	#16 Boys 300 Meter Hurdles Varsity	42.60	1/5	5/4/2024
	#31 Boys Long Jump Varsity	19-07.00	1/5	5/4/2024
26.	Lane, Travis - Male - Year: 11 - Ind/Rel: 1 / 0			
	#33 Boys Shot Put Varsity	39-11.00	1/8	5/4/2024
27.	Lopez, Branden - Male - Year: 12 - Ind/Rel: 1 / 0			
	#34 Boys Discus Throw Varsity	128-04	2/1	5/4/2024
28.	McCammon, Brielyn - Female - Year: 11 - Ind/Rel: 2 / 2			
	#9 Girls 400 Meter Run Varsity	59.05	2/5	5/4/2024
	#17 Girls 200 Meter Dash Varsity	26.34	3/2	5/4/2024
	#3 Girls 400 Meter Relay Varsity (2)	49.38	1/4	5/4/2024
	#21 Girls 1600 Meter Relay Varsity (4)	4:10.25	1/3	5/4/2024
29.	McClean, Briana - Female - Year: 11 - Ind/Rel: 2 / 0			
	#27 Girls Shot Put Varsity	33-06.50	2/10	5/4/2024
	#28 Girls Discus Throw Varsity	110-02	2/7	5/4/2024
30.	Meyer, Cooper - Male - Year: 10 - Ind/Rel: 1 / 0			
	#33 Boys Shot Put Varsity	41-07.00	1/11	5/4/2024
31.	Molesworth, Kylee - Female - Year: 12 - Ind/Rel: 1 / 0			
	#24 Girls Pole Vault Varsity	9-03.00	1/5	5/4/2024
32.	Neves, Grace - Female - Year: 12 - Ind/Rel: 2 / 0			
	#23 Girls High Jump Varsity	5-00.00	1/14	5/4/2024
	#26 Girls Triple Jump Varsity	30-05.00	1/5	5/4/2024
33.	Nix, Jase - Male - Year: 11 - Ind/Rel: 2 / 1			
	#12 Boys 100 Meter Dash Varsity	10.86	3/4	5/4/2024
	#18 Boys 200 Meter Dash Varsity	22.52	3/8	5/4/2024
	#4 Boys 400 Meter Relay Varsity (4)	42.79	1/6	5/4/2024

2024 Palomar League Championships - 5/4/2024

Mt Carmel High School

School Entries - All Events

San Marcos (SMAR)

34.	Odom, Dean - Male - Year: 10 - Ind/Rel: 1 / 0			
	#6 Boys 1600 Meter Run Varsity	4:39.28	1/14	5/4/2024
35.	Osthimer, Joshua - Male - Year: 10 - Ind/Rel: 1 / 0			
	#30 Boys Pole Vault Varsity	12-03.00	1/7	5/4/2024
36.	Pernia, Franco - Male - Year: 12 - Ind/Rel: 1 / 0			
	#30 Boys Pole Vault Varsity	12-01.00	1/6	5/4/2024
37.	Pohl, Brady - Male - Year: 11 - Ind/Rel: 1 / 1			
	#12 Boys 100 Meter Dash Varsity	11.18	2/5	5/4/2024
	#4 Boys 400 Meter Relay Varsity (2)	42.79	1/6	5/4/2024
38.	Porter, Josh - Male - Year: 10 - Ind/Rel: 2 / 0			
	#14 Boys 800 Meter Run Varsity	2:01.37	1/8	5/4/2024
	#20 Boys 3200 Meter Run Varsity	10:19.40	1/19	5/4/2024
39.	Purcell, Ashley - Female - Year: 12 - Ind/Rel: 3 / 1			
	#5 Girls 1600 Meter Run Varsity	5:20.45	1/9	5/4/2024
	#13 Girls 800 Meter Run Varsity	2:23.66	1/9	5/4/2024
	#19 Girls 3200 Meter Run Varsity	11:55.81	1/11	5/4/2024
	#21 Girls 1600 Meter Relay Varsity (2)	4:10.25	1/3	5/4/2024
40.	Reese, Caleb - Male - Year: 11 - Ind/Rel: 2 / 2			
	#8 Boys 110 Meter Hurdles Varsity	14.83	3/6	5/4/2024
	#16 Boys 300 Meter Hurdles Varsity	40.86	2/4	5/4/2024
	#4 Boys 400 Meter Relay Varsity (3)	42.79	1/6	5/4/2024
	#22 Boys 1600 Meter Relay Varsity (3)	3:28.28	1/3	5/4/2024
41.	Reese, Judah - Male - Year: 10 - Ind/Rel: 1 / 0			
	#33 Boys Shot Put Varsity	42-08.00	2/2	5/4/2024
42.	Rowan, Charlotte - Female - Year: 11 - Ind/Rel: 2 / 0			
	#7 Girls 100 Meter Hurdles Varsity	17.98	2/7	5/4/2024
	#15 Girls 300 Meter Hurdles Varsity	50.63	1/4	5/4/2024
43.	Schreckengaust, Kendra - Female - Year: 9 - Ind/Rel: 1 / 1			
	#9 Girls 400 Meter Run Varsity	1:02.81	1/5	5/4/2024
	#21 Girls 1600 Meter Relay Varsity (3)	4:10.25	1/3	5/4/2024
44.	Seki, Malia - Female - Year: 12 - Ind/Rel: 1 / 0			
	#19 Girls 3200 Meter Run Varsity	12:08.69	1/18	5/4/2024
45.	Shaver, Kendal - Female - Year: 9 - Ind/Rel: 1 / 0			
	#13 Girls 800 Meter Run Varsity	2:29.77	1/18	5/4/2024
46.	Siqueira, Isis - Female - Year: 11 - Ind/Rel: 2 / 0			
	#27 Girls Shot Put Varsity	31-01.00	2/6	5/4/2024
	#28 Girls Discus Throw Varsity	99-03	2/5	5/4/2024
47.	Taylor, Kennady - Female - Year: 10 - Ind/Rel: 1 / 0			
	#13 Girls 800 Meter Run Varsity	2:29.96	1/19	5/4/2024
48.	Thrall, Clara - Female - Year: 10 - Ind/Rel: 2 / 0			
	#27 Girls Shot Put Varsity	30-01.00	2/1	5/4/2024
	#28 Girls Discus Throw Varsity	82-03	1/6	5/4/2024
49.	Villegas, Tristan - Male - Year: 11 - Ind/Rel: 1 / 0			
	#6 Boys 1600 Meter Run Varsity	4:39.41	1/15	5/4/2024
50.	Vorhees, Jake - Male - Year: 12 - Ind/Rel: 1 / 0			
	#33 Boys Shot Put Varsity	49-10.00	2/11	5/4/2024
51.	Vredevelt, Campbelle - Female - Year: 12 - Ind/Rel: 2 / 0			
	#11 Girls 100 Meter Dash Varsity	13.28	1/5	5/4/2024
	#17 Girls 200 Meter Dash Varsity	27.32	2/2	5/4/2024

**2024 Palomar League Championships - 5/4/2024
Mt Carmel High School**

School Entries - All Events

San Marcos (SMAR)

52.	Wadhwa, Arav - Male - Year: 9 - Ind/Rel: 1 / 0			
	#20 Boys 3200 Meter Run Varsity	10:32.68	1/26	5/4/2024
1.	San Marcos			
	#3 Girls 400 Meter Relay Varsity	49.38	1/4	5/4/2024
	Heisel, Bailey 12; McCammon, Brielyn 11; Dratler McGowan, Raeleigh 12; Hunt, Katherine 11			
2.	San Marcos			
	#4 Boys 400 Meter Relay Varsity	42.79	1/6	5/4/2024
	Coker, Remi 10; Pohl, Brady 11; Reese, Caleb 11; Nix, Jase 11			
3.	San Marcos			
	#21 Girls 1600 Meter Relay Varsity	4:10.25	1/3	5/4/2024
	Heisel, Bailey 12; Purcell, Ashley 12; Schreckengaust, Kendra 9; McCammon, Brielyn 11			
4.	San Marcos			
	#22 Boys 1600 Meter Relay Varsity	3:28.28	1/3	5/4/2024
	Coker, Remi 10; Castellon, Maurizio 10; Reese, Caleb 11; Hines, Preston 11			
	San Marcos Total Individual Entries: 77 - Total Relays: 4			

2024 Palomar League Championships - 5/4/2024

Mt Carmel High School

School Entries - All Events

Westview (WEVI)

1. Abrena, Benjamin - Male - Year: 10 - Ind/Rel: 1 / 0			
#33 Boys Shot Put Varsity	36-08.00		5/4/2024
2. Arciaga, Kaitlyn - Female - Year: 11 - Ind/Rel: 1 / 3			
#13 Girls 800 Meter Run Varsity	2:09.26	1/1	5/4/2024
#1 Girls 3200 Meter Relay Varsity (1)	9:56.56	1/4	5/4/2024
#3 Girls 400 Meter Relay Varsity (3)	50.64	1/3	5/4/2024
#21 Girls 1600 Meter Relay Varsity (1)	3:58.03	1/5	5/4/2024
3. Battaglia, Isabella - Female - Year: 12 - Ind/Rel: 1 / 0			
#24 Girls Pole Vault Varsity	7-06.00		5/4/2024
4. Berner, Kaeden - Male - Year: 12 - Ind/Rel: 2 / 1			
#14 Boys 800 Meter Run Varsity	1:58.02	1/1	5/4/2024
#20 Boys 3200 Meter Run Varsity	9:48.33	1/6	5/4/2024
#2 Boys 3200 Meter Relay Varsity (1)	7:54.74	1/5	5/4/2024
5. Brown, Kyler - Male - Year: 10 - Ind/Rel: 3 / 0			
#18 Boys 200 Meter Dash Varsity	23.28	2/9	5/4/2024
#31 Boys Long Jump Varsity	20-05.50	2/6	5/4/2024
#32 Boys Triple Jump Varsity	40-08.25	2/4	5/4/2024
6. Brown, Olivea - Female - Year: 10 - Ind/Rel: 2 / 0			
#25 Girls Long Jump Varsity	14-04.50	1/2	5/4/2024
#26 Girls Triple Jump Varsity	28-00.00		5/4/2024
7. Chen, Max - Male - Year: 11 - Ind/Rel: 2 / 0			
#8 Boys 110 Meter Hurdles Varsity	18.01	1/6	5/4/2024
#16 Boys 300 Meter Hurdles Varsity	42.98	1/4	5/4/2024
8. Cotton, Jocelyn - Female - Year: 9 - Ind/Rel: 2 / 0			
#25 Girls Long Jump Varsity	15-02.50	1/10	5/4/2024
#26 Girls Triple Jump Varsity	32-04.00	2/2	5/4/2024
9. Cunningham, Isa - Female - Year: 9 - Ind/Rel: 3 / 0			
#7 Girls 100 Meter Hurdles Varsity	17.12	3/2	5/4/2024
#15 Girls 300 Meter Hurdles Varsity	49.98	2/1	5/4/2024
#23 Girls High Jump Varsity	5-02.00	1/16	5/4/2024
10. Dobrowolski, Matthew - Male - Year: 12 - Ind/Rel: 1 / 2			
#14 Boys 800 Meter Run Varsity	2:01.77	1/10	5/4/2024
#2 Boys 3200 Meter Relay Varsity (2)	7:54.74	1/5	5/4/2024
#22 Boys 1600 Meter Relay Varsity (3)	3:32.15	1/8	5/4/2024
11. Donnelly, Kailyn - Female - Year: 11 - Ind/Rel: 1 / 0			
#27 Girls Shot Put Varsity	24-03.50		5/4/2024
12. Doud, Addison - Female - Year: 10 - Ind/Rel: 1 / 0			
#7 Girls 100 Meter Hurdles Varsity	18.10	2/8	5/4/2024
13. El-Kareh, Leila - Female - Year: 12 - Ind/Rel: 3 / 0			
#23 Girls High Jump Varsity	4-06.00	1/5	5/4/2024
#25 Girls Long Jump Varsity	15-00.50	1/7	5/4/2024
#26 Girls Triple Jump Varsity	31-08.50	1/7	5/4/2024
14. Farenc, Vincent - Male - Year: 12 - Ind/Rel: 1 / 0			
#30 Boys Pole Vault Varsity	15-06.00	2/10	5/4/2024
15. Fernandez, Jennifer - Female - Year: 10 - Ind/Rel: 1 / 0			
#27 Girls Shot Put Varsity	22-10.00		5/4/2024
16. Ford, Brogan - Male - Year: 10 - Ind/Rel: 2 / 0			
#12 Boys 100 Meter Dash Varsity	11.94	1/9	5/4/2024
#31 Boys Long Jump Varsity	18-08.50	1/2	5/4/2024

2024 Palomar League Championships - 5/4/2024

Mt Carmel High School

School Entries - All Events

Westview (WEVI)

17.	Foster, Morghan - Female - Year: 11 - Ind/Rel: 1 / 0			
	#11 Girls 100 Meter Dash Varsity	13.16	2/7	5/4/2024
18.	Hannaman, Rowan - Male - Year: 11 - Ind/Rel: 2 / 0			
	#6 Boys 1600 Meter Run Varsity	4:32.81	1/8	5/4/2024
	#20 Boys 3200 Meter Run Varsity	9:52.10	1/7	5/4/2024
19.	Hansen, George - Male - Year: 10 - Ind/Rel: 1 / 0			
	#30 Boys Pole Vault Varsity	12-00.00	1/3	5/4/2024
20.	Hennigan, Delaney - Female - Year: 10 - Ind/Rel: 1 / 1			
	#13 Girls 800 Meter Run Varsity	2:22.93	1/8	5/4/2024
	#21 Girls 1600 Meter Relay Varsity (2)	3:58.03	1/5	5/4/2024
21.	Hilton, James - Male - Year: 11 - Ind/Rel: 1 / 0			
	#6 Boys 1600 Meter Run Varsity	4:38.90	1/13	5/4/2024
22.	Hooshmand, Ava - Female - Year: 11 - Ind/Rel: 3 / 0			
	#11 Girls 100 Meter Dash Varsity	13.60	1/9	5/4/2024
	#17 Girls 200 Meter Dash Varsity	28.29	1/8	5/4/2024
	#25 Girls Long Jump Varsity	14-05.50	1/3	5/4/2024
23.	Hutchinson, Ashleigh - Female - Year: 11 - Ind/Rel: 1 / 0			
	#17 Girls 200 Meter Dash Varsity	28.63	1/9	5/4/2024
24.	Ibrahim, Cyril - Male - Year: 10 - Ind/Rel: 1 / 0			
	#29 Boys High Jump Varsity	5-08.00	1/11	5/4/2024
25.	Iverson, Cameron - Male - Year: 9 - Ind/Rel: 1 / 0			
	#20 Boys 3200 Meter Run Varsity	10:29.82	1/25	5/4/2024
26.	Jensen, Avery - Female - Year: 10 - Ind/Rel: 1 / 1			
	#24 Girls Pole Vault Varsity	10-00.00	1/11	5/4/2024
	#3 Girls 400 Meter Relay Varsity (2)	50.64	1/3	5/4/2024
27.	Kennedy, Jane - Female - Year: 11 - Ind/Rel: 2 / 0			
	#7 Girls 100 Meter Hurdles Varsity	15.59	3/5	5/4/2024
	#15 Girls 300 Meter Hurdles Varsity	48.56	2/4	5/4/2024
28.	Knott, Kaden - Male - Year: 10 - Ind/Rel: 1 / 0			
	#30 Boys Pole Vault Varsity	10-03.00		5/4/2024
29.	Krager, Benjamin - Male - Year: 11 - Ind/Rel: 2 / 0			
	#6 Boys 1600 Meter Run Varsity	4:46.42	1/24	5/4/2024
	#20 Boys 3200 Meter Run Varsity	10:39.43	1/28	5/4/2024
30.	Kuo, Kaze - Male - Year: 12 - Ind/Rel: 2 / 0			
	#8 Boys 110 Meter Hurdles Varsity	17.38	2/9	5/4/2024
	#16 Boys 300 Meter Hurdles Varsity	47.68		5/4/2024
31.	Labrador, Ava - Female - Year: 12 - Ind/Rel: 1 / 0			
	#17 Girls 200 Meter Dash Varsity	28.67	1/1	5/4/2024
32.	Larsen, Truman - Male - Year: 9 - Ind/Rel: 2 / 0			
	#12 Boys 100 Meter Dash Varsity	11.80	1/2	5/4/2024
	#18 Boys 200 Meter Dash Varsity	24.26	1/8	5/4/2024
33.	Lau, Jady - Female - Year: 9 - Ind/Rel: 1 / 0			
	#24 Girls Pole Vault Varsity	7-06.00		5/4/2024
34.	Lee, Kiana - Female - Year: 9 - Ind/Rel: 1 / 0			
	#9 Girls 400 Meter Run Varsity	1:04.50	1/9	5/4/2024
35.	Li, Elizabeth - Female - Year: 12 - Ind/Rel: 1 / 1			
	#13 Girls 800 Meter Run Varsity	2:30.32	1/21	5/4/2024
	#1 Girls 3200 Meter Relay Varsity (2)	9:56.56	1/4	5/4/2024

2024 Palomar League Championships - 5/4/2024

Mt Carmel High School

School Entries - All Events

Westview (WEVI)

36.	Lloyd, Brian - Male - Year: 12 - Ind/Rel: 2 / 1			
	#12 Boys 100 Meter Dash Varsity	11.08	3/8	5/4/2024
	#18 Boys 200 Meter Dash Varsity	23.13	2/8	5/4/2024
	#4 Boys 400 Meter Relay Varsity (4)	44.42	1/8	5/4/2024
37.	Long, Charlotte - Female - Year: 10 - Ind/Rel: 1 / 1			
	#13 Girls 800 Meter Run Varsity	2:29.68	1/17	5/4/2024
	#1 Girls 3200 Meter Relay Varsity (3)	9:56.56	1/4	5/4/2024
38.	Lovasz, Ella - Female - Year: 12 - Ind/Rel: 2 / 1			
	#7 Girls 100 Meter Hurdles Varsity	15.72	3/6	5/4/2024
	#15 Girls 300 Meter Hurdles Varsity	48.32	2/6	5/4/2024
	#3 Girls 400 Meter Relay Varsity (1)	50.64	1/3	5/4/2024
39.	Mahmoudi, Donna - Female - Year: 12 - Ind/Rel: 1 / 0			
	#26 Girls Triple Jump Varsity	27-07.00		5/4/2024
40.	McDevitt, Parker - Male - Year: 10 - Ind/Rel: 1 / 0			
	#20 Boys 3200 Meter Run Varsity	10:12.39	1/11	5/4/2024
41.	Moore, Lauren - Female - Year: 11 - Ind/Rel: 1 / 0			
	#27 Girls Shot Put Varsity	22-00.25		5/4/2024
42.	Mordan, Jake - Male - Year: 12 - Ind/Rel: 2 / 0			
	#31 Boys Long Jump Varsity	18-09.50	1/4	5/4/2024
	#32 Boys Triple Jump Varsity	40-08.25	2/3	5/4/2024
43.	Muylle, Ava - Female - Year: 11 - Ind/Rel: 1 / 0			
	#27 Girls Shot Put Varsity	30-01.50	2/2	5/4/2024
44.	Namgoong, Daniel - Male - Year: 10 - Ind/Rel: 1 / 0			
	#20 Boys 3200 Meter Run Varsity	9:58.29	1/8	5/4/2024
45.	Nava, Kamila - Female - Year: 11 - Ind/Rel: 1 / 0			
	#5 Girls 1600 Meter Run Varsity	5:38.55	1/18	5/4/2024
46.	Penev, Irene - Female - Year: 12 - Ind/Rel: 1 / 0			
	#5 Girls 1600 Meter Run Varsity	5:40.74	1/19	5/4/2024
47.	Pham, Franklin - Male - Year: 11 - Ind/Rel: 2 / 0			
	#8 Boys 110 Meter Hurdles Varsity	18.15	1/7	5/4/2024
	#16 Boys 300 Meter Hurdles Varsity	46.36		5/4/2024
48.	Piedrahita, Luke - Male - Year: 12 - Ind/Rel: 2 / 2			
	#10 Boys 400 Meter Run Varsity	53.42	1/6	5/4/2024
	#18 Boys 200 Meter Dash Varsity	23.49	1/5	5/4/2024
	#4 Boys 400 Meter Relay Varsity (3)	44.42	1/8	5/4/2024
	#22 Boys 1600 Meter Relay Varsity (1)	3:32.15	1/8	5/4/2024
49.	Ramesh, Kavin - Male - Year: 11 - Ind/Rel: 1 / 0			
	#34 Boys Discus Throw Varsity	131-01.50	2/4	5/4/2024
50.	Ramos, Christopher - Male - Year: 11 - Ind/Rel: 1 / 0			
	#34 Boys Discus Throw Varsity	93-09		5/4/2024
51.	Ratermann, Macy - Female - Year: 11 - Ind/Rel: 2 / 2			
	#11 Girls 100 Meter Dash Varsity	12.32	3/4	5/4/2024
	#17 Girls 200 Meter Dash Varsity	25.57	3/7	5/4/2024
	#3 Girls 400 Meter Relay Varsity (4)	50.64	1/3	5/4/2024
	#21 Girls 1600 Meter Relay Varsity (3)	3:58.03	1/5	5/4/2024
52.	Riker, Max - Male - Year: 11 - Ind/Rel: 1 / 0			
	#29 Boys High Jump Varsity	6-02.00	1/15	5/4/2024
53.	Schiering, Andrew - Male - Year: 12 - Ind/Rel: 1 / 0			
	#30 Boys Pole Vault Varsity	14-06.00	2/7	5/4/2024

2024 Palomar League Championships - 5/4/2024

Mt Carmel High School

School Entries - All Events

Westview (WEVI)

54.	Shanyour, Omar - Male - Year: 10 - Ind/Rel: 1 / 1			
	#16 Boys 300 Meter Hurdles Varsity	42.86	1/6	5/4/2024
	#22 Boys 1600 Meter Relay Varsity (4)	3:32.15	1/8	5/4/2024
55.	Shiflet, Noah - Male - Year: 11 - Ind/Rel: 2 / 0			
	#33 Boys Shot Put Varsity	36-09.00		5/4/2024
	#34 Boys Discus Throw Varsity	110-04	1/1	5/4/2024
56.	Smith, Richard - Male - Year: 12 - Ind/Rel: 1 / 1			
	#12 Boys 100 Meter Dash Varsity	11.78	1/3	5/4/2024
	#4 Boys 400 Meter Relay Varsity (1)	44.42	1/8	5/4/2024
57.	Souvanaphong, Soraya - Female - Year: 11 - Ind/Rel: 1 / 0			
	#11 Girls 100 Meter Dash Varsity	13.58	1/3	5/4/2024
58.	Stevens, Matthew - Male - Year: 11 - Ind/Rel: 1 / 2			
	#14 Boys 800 Meter Run Varsity	2:00.68	1/6	5/4/2024
	#2 Boys 3200 Meter Relay Varsity (3)	7:54.74	1/5	5/4/2024
	#22 Boys 1600 Meter Relay Varsity (2)	3:32.15	1/8	5/4/2024
59.	Thompson, Nia - Female - Year: 11 - Ind/Rel: 1 / 0			
	#23 Girls High Jump Varsity	4-10.00	1/11	5/4/2024
60.	Trzoss, Natalie - Female - Year: 9 - Ind/Rel: 1 / 0			
	#15 Girls 300 Meter Hurdles Varsity	52.67		5/4/2024
61.	Vales, Jordyn - Female - Year: 9 - Ind/Rel: 1 / 1			
	#9 Girls 400 Meter Run Varsity	1:00.74	2/3	5/4/2024
	#21 Girls 1600 Meter Relay Varsity (4)	3:58.03	1/5	5/4/2024
62.	Van der Walt, Tate - Male - Year: 12 - Ind/Rel: 1 / 1			
	#12 Boys 100 Meter Dash Varsity	11.71	1/5	5/4/2024
	#4 Boys 400 Meter Relay Varsity (2)	44.42	1/8	5/4/2024
63.	Vargas, Nayah - Female - Year: 12 - Ind/Rel: 1 / 0			
	#7 Girls 100 Meter Hurdles Varsity	18.54	1/7	5/4/2024
64.	Versteeg, Ryan - Male - Year: 9 - Ind/Rel: 1 / 0			
	#29 Boys High Jump Varsity	5-03.00	1/1	5/4/2024
65.	Vu, Darleen - Female - Year: 10 - Ind/Rel: 1 / 0			
	#24 Girls Pole Vault Varsity	10-00.00	1/8	5/4/2024
66.	Welton, Adrian - Male - Year: 12 - Ind/Rel: 2 / 1			
	#6 Boys 1600 Meter Run Varsity	4:20.51	1/1	5/4/2024
	#20 Boys 3200 Meter Run Varsity	9:10.83	1/1	5/4/2024
	#2 Boys 3200 Meter Relay Varsity (4)	7:54.74	1/5	5/4/2024
67.	Welton, Sofia - Female - Year: 11 - Ind/Rel: 1 / 0			
	#19 Girls 3200 Meter Run Varsity	12:19.71	1/21	5/4/2024
68.	Yakubisin, Luke - Male - Year: 11 - Ind/Rel: 3 / 0			
	#8 Boys 110 Meter Hurdles Varsity	14.96	3/4	5/4/2024
	#31 Boys Long Jump Varsity	19-08.50	1/8	5/4/2024
	#32 Boys Triple Jump Varsity	40-00.00	2/1	5/4/2024
69.	Yasuda, Sonya - Female - Year: 10 - Ind/Rel: 2 / 1			
	#5 Girls 1600 Meter Run Varsity	5:33.90	1/14	5/4/2024
	#19 Girls 3200 Meter Run Varsity	12:26.82	1/23	5/4/2024
	#1 Girls 3200 Meter Relay Varsity (4)	9:56.56	1/4	5/4/2024
70.	Zahid, Ahmad - Male - Year: 11 - Ind/Rel: 1 / 0			
	#8 Boys 110 Meter Hurdles Varsity	16.83	2/3	5/4/2024

2024 Palomar League Championships - 5/4/2024
Mt Carmel High School

School Entries - All Events

Westview (WEVI)

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|----|--|---------|-----|--|----------|
| 1. | Westview | | | | |
| | #1 Girls 3200 Meter Relay Varsity | 9:56.56 | 1/4 | | 5/4/2024 |
| | Arciaga, Kaitlyn 11; Li, Elizabeth 12; Long, Charlotte 10; Yasuda, Sonya 10 | | | | |
| 2. | Westview | | | | |
| | #2 Boys 3200 Meter Relay Varsity | 7:54.74 | 1/5 | | 5/4/2024 |
| | Berner, Kaeden 12; Dobrowolski, Matthew 12; Stevens, Matthew 11; Welton, Adrian 12 | | | | |
| 3. | Westview | | | | |
| | #3 Girls 400 Meter Relay Varsity | 50.64 | 1/3 | | 5/4/2024 |
| | Lovasz, Ella 12; Jensen, Avery 10; Arciaga, Kaitlyn 11; Ratermann, Macy 11 | | | | |
| 4. | Westview | | | | |
| | #4 Boys 400 Meter Relay Varsity | 44.42 | 1/8 | | 5/4/2024 |
| | Smith, Richard 12; Van der Walt, Tate 12; Piedrahita, Luke 12; Lloyd, Brian 12 | | | | |
| 5. | Westview | | | | |
| | #21 Girls 1600 Meter Relay Varsity | 3:58.03 | 1/5 | | 5/4/2024 |
| | Arciaga, Kaitlyn 11; Hennigan, Delaney 10; Ratermann, Macy 11; Vales, Jordyn 9 | | | | |
| 6. | Westview | | | | |
| | #22 Boys 1600 Meter Relay Varsity | 3:32.15 | 1/8 | | 5/4/2024 |
| | Piedrahita, Luke 12; Stevens, Matthew 11; Dobrowolski, Matthew 12; Shanyour, Omar 10 | | | | |
| | Westview Total Individual Entries: 99 - Total Relays: 6 | | | | |